K10 (13) — 2,3 km 90 m — 7 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(47)	2(49)	3(50)	4(42)	5(52)	6(51)	7(42)	Meta
1		**Pola Karpińska**	**25:21**	**1:55**	**6:13**	**11:41**	**19:30**	**21:16**	**23:31**	**24:53**	**25:21**
		UKS Azymut, Pabian		***1:55***	***4:18***	***5:28***	7:49	1:46	2:15	***1:22***	0:28
2		**Maria Papaj**	**27:33**	3:01	7:25	13:40	21:34	23:13	25:35	26:59	27:33
		MKS Paulinum, Jele		3:01	4:24	6:15	7:54	1:39	2:22	1:24	0:34
3		**Olga Szczepaniak**	**29:28**	5:09	9:30	15:42	23:34	25:20	27:37	29:01	29:28
		KS Tęcza, Brzezia Ł.		5:09	4:21	6:12	7:52	1:46	2:17	1:24	0:27
4		**Ewa Drygas**	**30:21**	3:22	9:17	16:22	23:40	25:22	28:04	29:48	30:21
		UKS Arkady, Raszkó		3:22	5:55	7:05	***7:18***	1:42	2:42	1:44	0:33
5		**Dorota Marciniak**	**32:20**	5:36	11:20	18:14	25:40	27:31	30:03	31:50	32:20
		KS Tęcza, Brzezia Ł.		5:36	5:44	6:54	7:26	1:51	2:32	1:47	0:30
6		**Barbara Kosior**	**39:26**	2:55	19:34	26:14	33:34	35:02	37:23	39:02	39:26
		UKS Azymut, Pabian		2:55	16:39	6:40	7:20	***1:28***	2:21	1:39	***0:24***
7		**Pola Witczak**	**41:00**	3:49	10:52	22:14	32:24	34:25	38:39	40:29	41:00
		UKS Azymut, Pabian		3:49	7:03	11:22	10:10	2:01	4:14	1:50	0:31
8		**Helena Prusak**	**45:02**	2:56	9:31	20:16	30:24	38:08	42:10	44:25	45:02
		MKS Paulinum, Jele		2:56	6:35	10:45	10:08	7:44	4:02	2:15	0:37
9		**Zofia Fórmańska**	**46:59**	3:56	10:06	18:36	30:34	42:10	44:35	46:22	46:59
		UKS Arkady, Raszkó		3:56	6:10	8:30	11:58	11:36	2:25	1:47	0:37
10		**Nadia Rychlik**	**55:28**	2:06	8:03	29:03	41:59	47:57	52:40	54:50	55:28
		KS Hades, Poznań		2:06	5:57	21:00	12:56	5:58	4:43	2:10	0:38
11		**Hanna Gwóźdź**	**57:29**	2:44	10:08	30:59	44:01	49:54	54:50	56:54	57:29
		UKS Arkady, Raszkó		2:44	7:24	20:51	13:02	5:53	4:56	2:04	0:35
12		**Łucja Pałamarz-Pod**	**1:22:37**	4:51	33:09	39:12	1:11:36	1:18:34	1:20:21	1:22:02	1:22:37
		KS Tęcza, Brzezia Ł.		4:51	28:18	6:03	32:24	6:58	***1:47***	1:41	0:35
		Kalina Sokołowska	**nkl**	8:21	-----	18:17	24:22	26:31	28:28	30:09	30:39
		WKS Śląsk, Wrocław		8:21		9:56	6:05	2:09	1:57	1:41	0:30

K12 (21) — 2,1 km 90 m — 8 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(53)	2(66)	3(50)	4(54)	5(42)	6(52)	7(51)	8(42)	Meta
1		**Gabriela Krzyszczyk**	**19:26**	2:23	**6:08**	**9:20**	**10:38**	14:57	16:30	**17:55**	**19:00**	**19:26**
		KS Tęcza, Brzezia Ł.		2:23	***3:45***	***3:12***	***1:18***	4:19	1:33	1:25	1:05	0:26
2		**Lena Podgruszewsk**	**20:42**	**2:21**	6:35	9:50	11:23	**14:30**	**15:44**	19:02	20:17	20:42
		HKS Azymut, Mochy		***2:21***	4:14	3:15	1:33	***3:07***	1:14	3:18	1:15	0:25
3		**Aleksandra Stefańsk**	**21:02**	3:04	7:35	11:28	13:20	17:00	18:07	19:26	20:37	21:02
		UKS Arkady, Raszkó		3:04	4:31	3:53	1:52	3:40	1:07	***1:19***	1:11	0:25
4		**Anna Krawczyk**	**21:22**	2:39	7:51	11:14	12:36	17:01	18:24	19:52	20:56	21:22
		UKS Azymut, Pabian		2:39	5:12	3:23	1:22	4:25	1:23	1:28	***1:04***	0:26
5		**Julia Bąk**	**21:39**	3:59	8:02	11:34	13:27	17:36	18:39	20:03	21:11	21:39
		KS Tęcza, Brzezia Ł.		3:59	4:03	3:32	1:53	4:09	***1:03***	1:24	1:08	0:28
6		**Klara Żak**	**23:49**	6:00	10:00	13:33	15:30	19:35	20:40	22:03	23:16	23:49
		LKS Górzanka, Nawo		6:00	4:00	3:33	1:57	4:05	1:05	1:23	1:13	0:33
7		**Matylda Mazur**	**24:24**	3:09	8:57	13:31	14:54	18:54	20:34	22:16	24:00	24:24
		UKS Azymut, Pabian		3:09	5:48	4:34	1:23	4:00	1:40	1:42	1:44	0:24
8		**Jagoda Rubach**	**24:40**	4:28	8:57	12:41	15:03	18:49	20:16	22:33	24:06	24:40
		UKS Arkady, Raszkó		4:28	4:29	3:44	2:22	3:46	1:27	2:17	1:33	0:34
9		**Lena Kowalczyk**	**25:39**	3:47	10:29	14:22	16:18	21:07	22:17	23:48	25:12	25:39
		UKS Azymut, Pabian		3:47	6:42	3:53	1:56	4:49	1:10	1:31	1:24	0:27
10		**Alicja Adamska**	**25:42**	5:12	10:32	14:18	17:04	20:36	21:43	24:03	25:18	25:42
		KS Tęcza, Brzezia Ł.		5:12	5:20	3:46	2:46	3:32	1:07	2:20	1:15	0:24
11		**Helena Lisiecka**	**26:36**	3:31	10:19	14:30	16:16	21:02	22:38	24:47	26:10	26:36
		HKS Azymut, Mochy		3:31	6:48	4:11	1:46	4:46	1:36	2:09	1:23	0:26
12		**Hanna Ziętek**	**26:40**	8:18	12:38	15:57	17:26	20:33	21:43	25:05	26:13	26:40
		UKS Arkady, Raszkó		8:18	4:20	3:19	1:29	***3:07***	1:10	3:22	1:08	0:27
12		**Zuzanna Hoffmann**	**26:40**	6:30	10:54	14:35	16:57	20:48	22:20	24:36	26:04	26:40
		KOS BnO, Szczecin		6:30	4:24	3:41	2:22	3:51	1:32	2:16	1:28	0:36
14		**Amanda Gola**	**27:17**	2:53	7:53	11:38	13:54	18:50	23:53	25:25	26:52	27:17
		UKS Orientpark.pl, I		2:53	5:00	3:45	2:16	4:56	5:03	1:32	1:27	0:25
15		**Zofia Nowak**	**27:40**	5:45	12:30	16:20	18:20	23:08	24:20	25:55	27:14	27:40
		MKS Paulinum, Jele		5:45	6:45	3:50	2:00	4:48	1:12	1:35	1:19	0:26
16		**Magdalena Bernaś**	**27:53**	6:08	11:39	15:09	16:50	23:04	24:26	26:00	27:25	27:53
		WKS Śląsk, Wrocław		6:08	5:31	3:30	1:41	6:14	1:22	1:34	1:25	0:28
17		**Zofia Krakowiak**	**31:06**	4:03	9:43	16:00	20:16	26:04	27:16	29:18	30:43	31:06
		UKS Orientpark.pl, I		4:03	5:40	6:17	4:16	5:48	1:12	2:02	1:25	***0:23***
18		**Zuzanna Kosior**	**31:39**	8:26	13:11	17:15	19:16	24:16	27:44	29:42	31:11	31:39
		UKS Azymut, Pabian		8:26	4:45	4:04	2:01	5:00	3:28	1:58	1:29	0:28
19		**Zuzanna Owcarz**	**33:27**	3:59	12:39	18:09	21:22	26:04	27:27	30:47	32:50	33:27
		KS Kościelec, Chrza		3:59	8:40	5:30	3:13	4:42	1:23	3:20	2:03	0:37
20		**Alicja Zimoń**	**1:11:47**	25:55	35:19	40:43	54:40	1:02:15	1:04:29	1:09:00	1:11:08	1:11:47
		MKS Paulinum, Jele		25:55	9:24	5:24	13:57	7:35	2:14	4:31	2:08	0:39
		Serafin Ines	**nkl**	11:58	44:50	52:27	59:04	1:14:46	1:18:18	1:27:50	-----	1:30:36
		KS Tęcza, Brzezia Ł.		11:58	32:52	7:37	6:37	15:42	3:32	9:32		2:46

K14 (19) — 2,6 km 95 m — 12 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(53)	2(49)	3(58)	4(59)	5(54)	6(39)	7(55)	8(42)	9(52)	10(43)	11(51)	12(42)	Meta
1		**Julia Nowak**	**20:15**	**1:28**	**2:45**	**5:16**	**9:14**	**10:47**	**13:33**	**14:32**	**15:31**	**16:34**	**17:39**	**18:39**	**19:50**	**20:15**
		UKS Dąb, Leszno		***1:28***	***1:17***	***2:31***	***3:58***	***1:33***	***2:46***	***0:59***	0:59	1:03	***1:05***	***1:00***	1:11	0:25
				3:59												
				**63*												
2		**Julia Ziober**	**30:11**	2:52	5:54	9:30	15:12	17:19	21:28	22:57	24:12	25:18	26:28	28:34	29:46	30:11
		UKS Orientpark.pl, I		2:52	3:02	3:36	5:42	2:07	4:09	1:29	1:15	1:06	1:10	2:06	1:12	0:25
3		**Emilia Hetnar**	**33:24**	3:10	6:24	10:18	14:58	16:52	22:17	23:28	24:40	26:57	28:37	31:48	33:01	33:24
		UKS Orientpark.pl, I		3:10	3:14	3:54	4:40	1:54	5:25	1:11	1:12	2:17	1:40	3:11	1:13	***0:23***
4		**Marta Mazur**	**33:55**	2:06	3:39	6:20	10:37	16:42	21:10	27:41	28:47	29:44	31:09	32:23	33:32	33:55
		UKS Azymut, Pabian		2:06	1:33	2:41	4:17	6:05	4:28	6:31	1:06	***0:57***	1:25	1:14	1:09	***0:23***

L.p.	rtowy	Imię i nazwisko	Czas												
K14 (19)				***2,6 km 95 m***			***12 PK***		*(c.d.)*						
				1(53)	2(49)	3(58)	4(59)	5(54)	6(39)	7(55)	8(42)	9(52)	10(43)	11(51)	12(42)	Meta
5		**Maja Gondek**	**33:56**	5:29	8:35	12:56	19:23	21:28	25:31	26:50	28:13	29:14	30:25	32:31	33:32	33:56
		WKS Śląsk, Wrocław		5:29	3:06	4:21	6:27	2:05	4:03	1:19	1:23	1:01	1:11	2:06	***1:01***	0:24
				10:36												
				**63*												
6		**Zuzanna Krawiec**	**34:52**	5:20	9:27	12:13	17:39	20:32	25:31	26:43	28:03	29:08	30:21	33:03	34:23	34:52
		UKS Arkady, Raszkó		5:20	4:07	2:46	5:26	2:53	4:59	1:12	1:20	1:05	1:13	2:42	1:20	0:29
7		**Agata Zalewska**	**35:22**	3:17	5:48	9:47	15:19	18:09	23:47	25:27	26:35	27:41	29:26	33:29	34:56	35:22
		KOS BnO, Szczecin		3:17	2:31	3:59	5:32	2:50	5:38	1:40	1:08	1:06	1:45	4:03	1:27	0:26
8		**Nina Kijowska**	**35:29**	5:34	7:58	12:09	17:32	20:06	26:20	27:47	29:03	30:14	32:14	33:34	35:01	35:29
		UKS Azymut, Pabian		5:34	2:24	4:11	5:23	2:34	6:14	1:27	1:16	1:11	2:00	1:20	1:27	0:28
9		**Maja Stefańska**	**35:34**	2:20	4:11	8:00	12:38	25:05	28:09	29:33	30:41	31:38	32:45	34:05	35:10	35:34
		UKS Arkady, Raszkó		2:20	1:51	3:49	4:38	12:27	3:04	1:24	1:08	***0:57***	1:07	1:20	1:05	0:24
				6:28												
				**63*												
10		**Hanna Bernaś**	**35:54**	7:57	9:50	13:07	20:02	22:06	27:24	29:19	30:12	31:24	32:45	34:22	35:30	35:54
		WKS Śląsk, Wrocław		7:57	1:53	3:17	6:55	2:04	5:18	1:55	***0:53***	1:12	1:21	1:37	1:08	0:24
11		**Maja Gorzelniak**	**35:55**	3:12	6:35	10:18	16:14	18:40	24:29	25:28	26:23	30:59	32:14	34:17	35:32	35:55
		HKS Azymut, Mochy		3:12	3:23	3:43	5:56	2:26	5:49	***0:59***	0:55	4:36	1:15	2:03	1:15	***0:23***
12		**Jagoda Adamska**	**37:56**	3:58	5:42	8:23	12:51	22:47	30:39	31:50	32:56	34:00	35:19	36:28	37:33	37:56
		WKS Śląsk, Wrocław		3:58	1:44	2:41	4:28	9:56	7:52	1:11	1:06	1:04	1:19	1:09	1:05	***0:23***
13		**Martyna Dwojak**	**39:24**	2:59	6:11	10:49	17:37	20:43	26:32	29:04	30:35	31:44	33:29	37:31	38:57	39:24
		UKS Orientpark.pl, I		2:59	3:12	4:38	6:48	3:06	5:49	2:32	1:31	1:09	1:45	4:02	1:26	0:27
14		**Edyta Koczura**	**45:20**	2:27	4:13	17:35	23:19	27:05	34:43	36:32	37:40	38:56	41:25	43:20	44:50	45:20
		UKS Arkady, Raszkó		2:27	1:46	13:22	5:44	3:46	7:38	1:49	1:08	1:16	2:29	1:55	1:30	0:30
				13:36												
				**63*												
15		**Amelia Ruda**	**46:17**	2:54	6:38	12:04	21:12	24:35	32:40	34:36	37:06	38:55	40:34	44:09	45:45	46:17
		UKS Arkady, Raszkó		2:54	3:44	5:26	9:08	3:23	8:05	1:56	2:30	1:49	1:39	3:35	1:36	0:32
				8:54												
				**63*												
16		**Alicja Krzywulicz**	**1:01:48**	4:21	8:00	13:03	26:47	30:07	42:12	46:33	49:13	54:18	56:38	58:53	1:01:06	1:01:48
		Indywidualny Dolno		4:21	3:39	5:03	13:44	3:20	12:05	4:21	2:40	5:05	2:20	2:15	2:13	0:42
		Lena Krakowiak	**nkl**	2:06	3:40	6:20	13:06	14:51	-----	18:34	19:31	20:39	21:50	22:54	24:02	24:26
		UKS Orientpark.pl, I		2:06	1:34	2:40	6:46	1:45		3:43	0:57	1:08	1:11	1:04	1:08	0:24
		Taisiya Zatalochnaya	**nkl**	5:30	10:10	20:32	44:23	-----	-----	-----	-----	-----	-----	-----	1:22:49	1:23:59
		KOS BnO, Szczecin		5:30	4:40	10:22	23:51								38:26	1:10
		Wiktoria Cegła	**nkl**	10:01	12:51	19:36	-----	-----	-----	-----	48:05	50:21	56:07	59:34	1:01:09	1:01:41
		UKS Arkady, Raszkó		10:01	2:50	6:45					28:29	2:16	5:46	3:27	1:35	0:32
K16 (7)				***3,4 km 145 m***			***10 PK***									
				1(63)	2(57)	3(64)	4(40)	5(39)	6(42)	7(43)	8(62)	9(55)	10(42)	Meta		
1		**Michalina Wysocka**	**31:03**	4:11	10:12	**13:31**	**17:42**	**21:34**	**23:42**	**25:35**	**27:58**	**29:45**	**30:39**	**31:03**		
		WKS Śląsk, Wrocław		4:11	6:01	3:19	4:11	3:52	***2:08***	1:53	2:23	1:47	0:54	0:24		
2		**Ivanna Panchenko**	**31:13**	**3:43**	**9:35**	15:45	18:54	22:24	24:42	26:20	28:31	30:07	30:51	31:13		
		PKO Harpagan, Gda		***3:43***	5:52	6:10	***3:09***	***3:30***	2:18	***1:38***	2:11	***1:36***	***0:44***	0:22		
3		**Jaśmina Kurkowiak**	**31:51**	6:41	12:24	15:21	19:23	23:07	25:16	27:07	29:03	30:42	31:30	31:51		*4:50*
		KS Hades, Poznań		6:41	***5:43***	***2:57***	4:02	3:44	2:09	1:51	***1:56***	1:39	0:48	***0:21***		**58*
4		**Laura Rychlik**	**34:29**	5:09	12:50	16:18	20:48	24:44	27:04	28:52	31:15	33:12	34:08	34:29		*25:45*
		KS Hades, Poznań		5:09	7:41	3:28	4:30	3:56	2:20	1:48	2:23	1:57	0:56	***0:21***		**55*
5		**Gabriela Zamiara**	**42:39**	5:20	11:57	17:43	23:25	29:39	32:02	35:51	38:47	41:00	42:05	42:39		
		KS Hades, Poznań		5:20	6:37	5:46	5:42	6:14	2:23	3:49	2:56	2:13	1:05	0:34		
6		**Nadia Biedak**	**49:37**	5:19	13:00	26:19	33:13	38:00	40:18	42:56	46:27	48:13	49:14	49:37		
		UKS Dąb, Leszno		5:19	7:41	13:19	6:54	4:47	2:18	2:38	3:31	1:46	1:01	0:23		
7		**Zofia Dzik**	**1:01:15**	9:48	21:12	30:32	38:17	46:20	48:48	51:43	55:51	59:49	1:00:50	1:01:15		
		LKS Górzanka, Nawo		9:48	11:24	9:20	7:45	8:03	2:28	2:55	4:08	3:58	1:01	0:25		
K18 (2)				***5,1 km 130 m***			***13 PK***									
				1(45)	2(36)	3(31)	4(35)	5(64)	6(40)	7(46)	8(42)	9(43)	10(44)	11(39)	12(61)	13(42)
1		**Matylda Pietrowska**	**1:30:40**	13:54	29:38	37:28	**44:10**	**55:47**	**1:00:19**	**1:03:44**	**1:06:32**	**1:09:12**	**1:16:59**	**1:22:43**	**1:26:36**	**1:30:13**
		UKS Dąb, Leszno		13:54	15:44	***7:50***	***6:42***	***11:37***	***4:32***	***3:25***	***2:48***	***2:40***	***7:47***	***5:44***	***3:53***	***3:37***
					1:11:20											
					**60*											
		Zuzanna Przybył	**nkl**	**12:10**	**25:50**	**34:37**	47:38	1:05:08	1:19:31	-----	1:30:29	1:34:16	1:43:10	-----	-----	1:55:36
		HKS Azymut, Mochy		***12:10***	***13:40***	8:47	13:01	17:30	14:23		10:58	3:47	8:54			12:26
K20 (4)				***5,4 km 160 m***			***16 PK***									
				1(66)	2(67)	3(38)	4(64)	5(35)	6(36)	7(63)	8(53)	9(37)	10(41)	11(42)	12(43)	13(44)
				15(55)	16(42)	Meta										
1		**Maja Kula**	**48:40**	**3:26**	**8:23**	**11:12**	**13:15**	**19:09**	**23:23**	**26:58**	**28:37**	**31:11**	**37:38**	**39:14**	**40:50**	**43:23**
		WKS Śląsk, Wrocław		***3:26***	***4:57***	***2:49***	***2:03***	***5:54***	***4:14***	***3:35***	***1:39***	***2:34***	6:27	***1:36***	***1:36***	***2:33***
				47:31	**48:17**	**48:40**										
				0:54	***0:46***	***0:23***										
2		**Olga Kraszewska**	**57:30**	3:38	9:42	12:53	15:23	21:56	27:34	31:38	33:31	37:41	43:35	45:19	47:16	50:55
		WKS Śląsk, Wrocław		3:38	6:04	3:11	2:30	6:33	5:38	4:04	1:53	4:10	***5:54***	1:44	1:57	3:39
				56:19	57:05	57:30										
				1:00	***0:46***	0:25										
3		**Hanna Kuciel**	**1:14:00**	3:59	10:37	15:42	18:41	25:35	30:33	35:51	38:13	40:56	57:34	59:36	1:02:50	1:06:59
		WKS Śląsk, Wrocław		3:59	6:38	5:05	2:59	6:54	4:58	5:18	2:22	2:43	16:38	2:02	3:14	4:09
				1:12:29	1:13:30	1:14:00										
				1:08	1:01	0:30										

K20 (4) — 5,4 km 160 m — 16 PK (c.d.)

L.p.	rtowy	Imię i nazwisko	Czas	1(66) 15(55)	2(67) 16(42)	3(38) Meta	4(64)	5(35)	6(36)	7(63)	8(53)	9(37)	10(41)	11(42)	12(43)	13(44)
4		Hanna Szczygieł WKS Śląsk, Wrocław	1:18:40	11:08 11:08 1:17:15 2:19	18:45 7:37 1:18:13 0:58	21:53 3:08 1:18:40 0:27	25:10 3:17	35:27 10:17	41:46 6:19	46:20 4:34	49:09 2:49	52:27 3:18	1:00:48 8:21	1:03:29 2:41	1:05:54 2:25	1:10:15 4:21

K21 (6) — 7,0 km 195 m — 18 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(40) 15(43)	2(38) 16(62)	3(57) 17(39)	4(45) 18(42)	5(35) Meta	6(34)	7(33)	8(32)	9(65)	10(58)	11(53)	12(37)	13(46)
1		Agata Olejnik Polish Military Team	1:02:56	**4:35** ***4:35*** **56:53** ***1:42***	**9:19** 4:44 **58:55** ***2:02***	**13:37** 4:18 **1:00:49** ***1:54***	14:58 1:21 **1:02:32** 1:43	18:50 3:52 **1:02:56** ***0:24***	25:03 ***6:13***	29:04 4:01	32:00 2:56	34:25 2:25	41:24 6:59	44:05 2:41	46:12 2:07	**53:07** 6:55
2		Zuzanna Parfianowi UNTS, Warszawa	1:15:21	6:03 6:03 1:09:00 2:14	11:24 5:21 1:11:17 2:17	19:00 7:36 1:13:13 1:56	20:39 1:39 1:14:53 ***1:40***	24:40 4:01 1:15:21 0:28	32:22 7:42	37:47 5:25	40:51 3:04	44:09 3:18	51:16 7:07	53:51 2:35	56:13 2:22	1:04:29 8:16
3		Aleksandra Ciura WKS Śląsk, Wrocław	1:28:31	8:06 8:06 1:20:43 2:33	13:57 5:51 1:23:11 2:28	20:46 6:49 1:25:47 2:36	23:52 3:06 1:27:59 2:12	29:35 5:43 1:28:31 0:32	39:10 9:35	44:54 5:44	49:52 4:58	53:20 3:28	1:01:07 7:47	1:05:03 3:56	1:07:42 2:39	1:13:55 ***6:13***
4		Joanna Jachymiak PKO Harpagan, Gda	1:34:22	6:17 6:17 1:25:29 2:41	12:47 6:30 1:29:16 3:47	19:12 6:25 1:31:51 2:35	21:20 2:08 1:33:52 2:01	26:24 5:04 1:34:22 0:30	36:02 9:38	41:58 5:56 *1:24:00* **52*	48:47 6:49	52:36 3:49	1:01:24 8:48	1:04:51 3:27	1:07:53 3:02	1:19:39 11:46
5		Beata Cichy Indywidualnie	2:03:05	10:00 10:00 1:52:42 2:07	17:18 7:18 1:55:17 2:35	24:36 7:18 2:00:27 5:10	30:58 6:22 2:02:35 2:08	35:45 4:47 2:03:05 0:30	47:34 11:49	53:12 5:38 *1:42:28* **52*	1:05:01 11:49 *1:44:18* **43*	1:09:48 4:47 *1:47:52* **62*	1:18:31 8:43	1:24:40 6:09	1:27:49 3:09	1:38:05 10:16
		Ewa Bernaciak Polish Military Team	nkl	4:57 4:57 1:01:17 ***1:42***	9:31 ***4:34*** 1:03:16 1:59	13:39 ***4:08*** 1:05:10 ***1:54***	**14:55** ***1:16*** 1:06:49 1:39	**18:14** ***3:19*** 1:07:14 0:25	**24:50** 6:36	**28:17** ***3:27***	**30:18** ***2:01***	**32:34** ***2:16***	**39:19** ***6:45***	**41:47** ***2:28***	**43:50** ***2:03***	-----

K35 (5) — 4,7 km 140 m — 16 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(66) 15(62)	2(40) 16(42)	3(38) Meta	4(64)	5(57)	6(35)	7(58)	8(63)	9(46)	10(61)	11(55)	12(42)	13(43)
1		Maria Anna Marcinia WKS Śląsk, Wrocław	46:35	**3:16** ***3:16*** **43:59** ***1:32***	**5:53** ***2:37*** **46:08** ***2:09***	**11:41** ***5:48*** **46:35** ***0:27***	**14:18** ***2:37***	**17:00** ***2:42***	**20:51** ***3:51***	**22:57** ***2:06***	**23:54** ***0:57***	**33:22** ***9:28***	**36:34** ***3:12***	**38:04** ***1:30***	**38:58** ***0:54***	**40:59** ***2:01***
2		Barbara Hoffmann KS Hades, Poznań	1:08:22	5:31 5:31 1:05:29 1:45	8:16 2:45 1:07:50 2:21	14:34 6:18 1:08:22 0:32	17:27 2:53	21:05 3:38	25:48 4:43	28:28 2:40	29:35 1:07	51:29 21:54	55:56 4:27	57:57 2:01	59:12 1:15	1:01:40 2:28
3		Katarzyna Jabłońsk KS Tęcza, Brzezia Ł.	1:12:23	16:13 16:13 1:09:44 1:41	19:19 3:06 1:11:56 2:12	26:38 7:19 1:12:23 ***0:27***	30:33 3:55	33:53 3:20	38:58 5:05	41:39 2:41	42:52 1:13	55:25 12:33	59:42 4:17	1:01:50 2:08	1:02:54 1:04	1:05:24 2:30
4		Daria Szczęsna IWsp SZ	1:41:05	11:09 11:09 1:38:12 2:09	15:16 4:07 1:40:36 2:24	28:09 12:53 1:41:05 0:29	34:26 6:17	39:17 4:51	45:55 6:38	49:58 4:03	51:46 1:48	1:13:04 21:18	1:24:08 11:04	1:26:38 2:30	1:27:45 1:07	1:33:07 5:22
		Agata Kufel MKS Paulinum, Jele	nkl	5:04 5:04 -----	12:35 7:31 -----	38:58 26:23	43:06 4:08	49:15 6:09	58:30 9:15	1:02:14 3:44	1:03:53 1:39	1:21:02 17:09	-----	-----	-----	-----

K40 (9) — 4,3 km 135 m — 15 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(37) 15(42)	2(63) Meta	3(36)	4(35)	5(45)	6(57)	7(59)	8(38)	9(39)	10(61)	11(42)	12(52)	13(43)
1		Malwina Drągowska OK! Sport, Warszaw	58:03	3:19 3:19 **57:33** 2:20	**7:29** ***4:10*** **58:03** 0:30	**12:31** 5:02	**18:50** ***6:19***	**24:29** ***5:39***	**26:45** ***2:16***	**29:51** 3:06	**36:49** 6:58	**41:33** ***4:44***	**47:15** 5:42	**49:58** ***2:43***	**51:15** 1:17	**52:41** ***1:26***
2		Monika Owczarek HKS Azymut, Mochy	1:05:58	**3:17** ***3:17*** 1:05:28 ***2:19***	10:25 7:08 1:05:58 0:30	15:25 ***5:00***	22:36 7:11	29:13 6:37	33:05 3:52	37:53 4:48	44:12 ***6:19***	49:20 5:08	52:39 ***3:19***	56:06 3:27	57:21 ***1:15***	1:00:07 2:46
3		Katarzyna Mazur UKS Azymut, Pabian	1:12:16	3:26 3:26 1:11:42 2:24	7:44 4:18 1:12:16 0:34	13:50 6:06	29:43 15:53	35:58 6:15	38:42 2:44	41:41 2:59	48:50 7:09	54:21 5:31	58:43 4:22	1:02:32 3:49	1:03:55 1:23	1:06:18 2:23
4		Ilona Śliwczyńska Stowarzyszenie Tear	1:13:17	4:01 4:01 1:12:12 3:29	9:48 5:47 1:13:17 1:05	16:03 6:15	22:57 6:54	29:18 6:21	32:06 2:48	35:45 3:39	46:41 10:56	52:43 6:02	56:10 3:27	1:00:29 4:19	1:02:43 2:14	1:05:15 2:32
5		Aleksandra Błauciak AZS UMCS, Lublin	1:14:14	5:10 5:10 1:13:41 2:25	9:47 4:37 1:14:14 0:33	15:57 6:10	31:48 15:51	38:11 6:23	40:39 2:28	43:36 ***2:57***	50:45 7:09	56:28 5:43	1:00:49 4:21	1:04:30 3:41	1:05:58 1:28	1:08:21 2:23

L.p.	rtowy	Imię i nazwisko	Czas												
K40 (9)				***4,3 km 135 m 15 PK***					*(c.d.)*						
				1(37)	2(63)	3(36)	4(35)	5(45)	6(57)	7(59)	8(38)	9(39)	10(61)	11(42)	12(52)	13(43)
				15(42)	Meta											
6		**Agnieszka Kuś**	**1:30:35**	8:24	14:15	26:11	34:25	41:55	45:11	50:56	1:04:31	1:10:16	1:14:17	1:18:56	1:20:22	1:22:46
		Stowarzyszenie Tear		8:24	5:51	11:56	8:14	7:30	3:16	5:45	13:35	5:45	4:01	4:39	1:26	2:24
				1:30:01	1:30:35											
				2:38	0:34											
7		**Magdalena Kolarz**	**1:38:12**	11:31	22:15	32:42	42:10	49:32	53:01	59:02	1:12:35	1:18:12	1:22:15	1:26:33	1:27:50	1:30:13
		IWsp SZ		11:31	10:44	10:27	9:28	7:22	3:29	6:01	13:33	5:37	4:03	4:18	1:17	2:23
				1:37:42	1:38:12											
				2:29	0:30											
8		**Joanna Hetnar**	**1:40:23**	7:13	14:48	36:07	44:21	51:58	54:55	1:01:04	1:14:21	1:20:08	1:24:10	1:28:53	1:30:24	1:32:41
		UKS Orientpark.pl, I		7:13	7:35	21:19	8:14	7:37	2:57	6:09	13:17	5:47	4:02	4:43	1:31	2:17
				1:39:54	1:40:23											
				2:35	***0:29***											
		Marlena Fórmańska	**nkl**	4:25	14:55	38:23	49:30	1:13:22	1:20:02	1:25:23	1:44:17	-----	-----	-----	-----	-----
		UKS Arkady, Raszkó		4:25	10:30	23:28	11:07	23:52	6:40	5:21	18:54					
				-----	1:53:59											
					9:42											
K45 (3)				**3,5 km 140 m 14 PK**												
				1(37)	2(63)	3(58)	4(45)	5(57)	6(38)	7(67)	8(39)	9(61)	10(42)	11(52)	12(43)	13(62)
				Meta												
1		**Urszula Adamska**	**47:49**	3:24	**7:31**	**9:09**	**13:28**	**15:55**	**26:13**	**28:56**	**31:00**	**33:56**	**38:31**	**41:06**	**42:35**	**45:14**
		WKS Śląsk, Wrocław		3:24	***4:07***	***1:38***	***4:19***	***2:27***	***10:18***	2:43	***2:04***	***2:56***	4:35	2:35	***1:29***	***2:39***
				47:49												
				0:30												
2		**Karolina Rubach**	**1:12:33**	16:28	23:32	28:09	34:07	37:21	48:42	52:51	55:21	58:52	1:02:35	1:04:19	1:05:59	1:09:40
		UKS Arkady, Raszkó		16:28	7:04	4:37	5:58	3:14	11:21	4:09	2:30	3:31	***3:43***	***1:44***	1:40	3:41
				1:12:33												
				0:29												
		Barbara Kucharska	**nkl**	**3:23**	8:23	10:01	14:47	17:33	54:25	56:59	-----	1:03:03	1:07:31	1:08:50	1:10:22	1:13:25
		WKS Śląsk, Wrocław		***3:23***	5:00	***1:38***	4:46	2:46	36:52	***2:34***		6:04	4:28	1:19	1:32	3:03
				1:16:27												
				0:29												
K50 (2)				**3,4 km 115 m 13 PK**												
				1(40)	2(54)	3(59)	4(45)	5(57)	6(38)	7(67)	8(61)	9(55)	10(42)	11(43)	12(51)	13(42)
1		**Sylwia Semeniuk-Pr**	**1:20:25**	21:54	23:57	29:26	36:59	**40:44**	**55:13**	**59:53**	**1:05:25**	**1:09:14**	**1:10:38**	**1:15:58**	**1:17:59**	**1:19:49**
		WKS Śląsk, Wrocław		21:54	***2:03***	***5:29***	***7:33***	***3:45***	***14:29***	***4:40***	5:32	***3:49***	1:24	***5:20***	***2:01***	1:50
					1:11:59											
					**52*											
2		**Agnieszka Sokołows**	**1:24:35**	**16:39**	**19:19**	**25:12**	**33:10**	41:58	58:54	1:04:03	1:09:29	1:13:26	1:14:42	1:20:04	1:22:13	1:24:00
		WKS Śląsk, Wrocław		***16:39***	2:40	5:53	7:58	8:48	16:56	5:09	***5:26***	3:57	***1:16***	5:22	2:09	***1:47***
K55 (4)				**3,1 km 110 m 12 PK**												
				1(63)	2(58)	3(45)	4(57)	5(59)	6(61)	7(40)	8(41)	9(42)	10(60)	11(62)	12(42)	Meta
1		**Barbara Nowak**	**47:16**	**5:39**	**7:14**	**11:53**	**14:13**	**19:08**	**22:33**	**26:57**	**35:33**	**38:22**	**43:22**	**44:47**	**46:46**	**47:16**
		HKS Azymut, Mochy		***5:39***	***1:35***	***4:39***	***2:20***	4:55	***3:25***	4:24	8:36	2:49	5:00	***1:25***	***1:59***	***0:30***
2		**Anna Kurzyp**	**49:14**	6:24	8:37	14:06	16:54	21:36	25:51	32:32	36:53	39:32	44:08	46:21	48:43	49:14
		WKS Śląsk, Wrocław		6:24	2:13	5:29	2:48	***4:42***	4:15	6:41	***4:21***	***2:39***	***4:36***	2:13	2:22	0:31
3		**Urszula Trykozko**	**54:38**	8:04	10:17	16:15	19:49	25:31	30:42	34:03	39:31	43:14	48:24	50:48	54:02	54:38
		Stowarzyszenie Tear		8:04	2:13	5:58	3:34	5:42	5:11	***3:21***	5:28	3:43	5:10	2:24	3:14	0:36
4		**Marzena Ciura**	**1:14:34**	9:44	12:12	19:09	24:07	28:59	44:43	48:41	53:49	58:09	1:05:59	1:09:06	1:13:57	1:14:34
		WKS Śląsk, Wrocław		9:44	2:28	6:57	4:58	4:52	15:44	3:58	5:08	4:20	7:50	3:07	4:51	0:37
K60 (3)				**3,0 km 75 m 14 PK**												
				1(53)	2(63)	3(58)	4(45)	5(59)	6(40)	7(61)	8(55)	9(42)	10(43)	11(60)	12(62)	13(51)
				Meta												
1		**Alicja Hornik**	**44:26**	**3:25**	**7:39**	**9:17**	**14:11**	19:28	27:46	30:14	32:18	33:41	36:16	38:10	**39:59**	**42:28**
		Indywidualny Wielko		***3:25***	4:14	***1:38***	***4:54***	5:17	8:18	***2:28***	***2:04***	***1:23***	***2:35***	***1:54***	***1:49***	***2:29***
				44:26												
				0:39												
2		**Urszula Czerkawska**	**45:05**	3:39	7:45	9:48	14:51	**19:08**	**24:21**	**28:29**	**30:58**	**32:29**	**35:38**	**37:48**	40:05	42:56
		LKS Górzanka, Nawo		3:39	4:06	2:03	5:03	4:17	5:13	4:08	2:29	1:31	3:09	2:10	2:17	2:51
				45:05												
				0:35												
3		**Dorota Wardecka**	**48:12**	4:45	8:41	10:44	17:04	21:11	25:51	**28:29**	32:08	33:53	38:23	40:34	43:36	46:11
		UNTS, Warszawa		4:45	***3:56***	2:03	6:20	***4:07***	***4:40***	2:38	3:39	1:45	4:30	2:11	3:02	2:35
				48:12												
				0:37												
K70 (1)				**2,1 km 70 m 11 PK**												
				1(56)	2(53)	3(37)	4(66)	5(40)	6(61)	7(42)	8(52)	9(43)	10(51)	11(42)	Meta	
1		**Jolanta Wysocka**	**38:53**	**2:03**	**5:36**	**9:10**	**18:55**	**22:56**	**25:39**	**31:25**	**32:58**	**34:59**	**36:51**	**38:18**	**38:53**	
		Indywidualny Śląski		***2:03***	***3:33***	***3:34***	***9:45***	***4:01***	***2:43***	***5:46***	***1:33***	***2:01***	***1:52***	***1:27***	***0:35***	
M10 (2)				**2,4 km 90 m 8 PK**												
				1(48)	2(49)	3(50)	4(54)	5(42)	6(52)	7(51)	8(42)	Meta				
1		**Miłosz Kłodowski**	**26:25**	**2:11**	**7:32**	**13:09**	**15:40**	**19:26**	**20:50**	**24:32**	**25:54**	**26:25**				
		KS Tęcza, Brzezia Ł		***2:11***	***5:21***	***5:37***	***2:31***	***3:46***	***1:24***	3:42	***1:22***	***0:31***				

L.p.	rtowy	Imię i nazwisko	Czas										
M10 (2)				***2,4 km 90 m***			***8 PK***		*(c.d.)*				
				1(48)	2(49)	3(50)	4(54)	5(42)	6(52)	7(51)	8(42)	Meta	
2		**Wojciech Pietroń**	**39:14**	3:00	16:35	23:18	27:00	32:38	34:45	36:51	38:40	39:14	
		UKS Patria, Młynne		3:00	13:35	6:43	3:42	5:38	2:07	***2:06***	1:49	0:34	
M12 (21)				**2,2 km 90 m**			**8 PK**						
				1(49)	2(50)	3(54)	4(55)	5(42)	6(52)	7(51)	8(42)	Meta	
1		**Michał Piaskowski**	**16:10**	**3:18**	7:14	**8:28**	**11:10**	**12:08**	**13:24**	**14:51**	**15:50**	**16:10**	
		UKS Arkady, Raszkó		***3:18***	3:56	1:14	2:42	0:58	1:16	1:27	0:59	***0:20***	
2		**Makary Staśkiewicz**	**17:24**	3:25	7:30	8:52	12:43	13:38	14:35	15:57	17:03	17:24	
		WKS Śląsk, Wrocław		3:25	4:05	1:22	3:51	0:55	***0:57***	1:22	1:06	0:21	
3		**Leon Adamski**	**17:47**	3:22	**7:10**	8:50	13:12	14:06	15:03	16:10	17:20	17:47	
		KS Tęcza, Brzezia Ł.		3:22	3:48	1:40	4:22	0:54	***0:57***	1:07	1:10	0:27	
4		**Kiryl Taustyka**	**18:39**	4:11	9:01	10:26	13:28	14:36	15:43	17:03	18:13	18:39	
		KOS BnO, Szczecin		4:11	4:50	1:25	3:02	1:08	1:07	1:20	1:10	0:26	
5		**Kacper Mazan**	**18:47**	4:38	8:21	9:32	12:28	14:30	16:06	17:23	18:20	18:47	
		KOS BnO, Szczecin		4:38	***3:43***	***1:11***	2:56	2:02	1:36	1:17	***0:57***	0:27	
6		**Filip Siwiec**	**19:30**	5:19	9:04	10:45	15:07	15:59	16:57	18:01	19:04	19:30	
		MKS Paulinum, Jele		5:19	3:45	1:41	4:22	0:52	0:58	***1:04***	1:03	0:26	
7		**Mikołaj Adamski**	**19:34**	3:59	9:21	10:50	14:42	15:40	16:37	17:58	19:07	19:34	
		KS Tęcza, Brzezia Ł.		3:59	5:22	1:29	3:52	0:58	***0:57***	1:21	1:09	0:27	
8		**Bernard Kłodowski**	**20:25**	5:36	9:41	11:10	15:49	16:37	17:43	18:54	20:01	20:25	
		KS Tęcza, Brzezia Ł.		5:36	4:05	1:29	4:39	***0:48***	1:06	1:11	1:07	0:24	
9		**Ignacy Pałamarz-Poc**	**20:45**	5:49	10:23	12:00	15:29	16:35	17:45	19:10	20:18	20:45	
		KS Tęcza, Brzezia Ł.		5:49	4:34	1:37	3:29	1:06	1:10	1:25	1:08	0:27	
10		**Franciszek Papaj**	**22:42**	4:28	10:49	12:56	17:42	18:41	19:51	21:09	22:15	22:42	
		MKS Paulinum, Jele		4:28	6:21	2:07	4:46	0:59	1:10	1:18	1:06	0:27	
11		**Adam Pustelnik-Rutk**	**24:23**	7:29	12:04	13:44	17:05	18:02	19:58	22:56	24:00	24:23	
		KS Tęcza, Brzezia Ł.		7:29	4:35	1:40	3:21	0:57	1:56	2:58	1:04	0:23	
12		**Arkadiusz Szymańsk**	**24:56**	10:06	15:06	16:35	19:16	20:19	21:49	23:18	24:33	24:56	
		HKS Azymut, Mochy		10:06	5:00	1:29	***2:41***	1:03	1:30	1:29	1:15	0:23	
13		**Tadeusz Marciniak**	**25:20**	8:04	14:23	15:36	19:38	20:55	22:16	23:32	24:49	25:20	
		KS Tęcza, Brzezia Ł.		8:04	6:19	1:13	4:02	1:17	1:21	1:16	1:17	0:31	
14		**Jan Wujczak**	**26:48**	4:43	9:04	13:11	21:37	22:55	24:21	25:25	26:25	26:48	
		Grupa Biegowa Obo		4:43	4:21	4:07	8:26	1:18	1:26	***1:04***	1:00	0:23	
15		**Karol Jóźwiak**	**32:33**	6:45	13:33	15:50	22:21	24:51	26:15	30:55	32:04	32:33	
		UKS Azymut, Pabian		6:45	6:48	2:17	6:31	2:30	1:24	4:40	1:09	0:29	
16		**Igor Pachowicz**	**32:46**	6:19	13:45	17:18	22:11	23:38	25:02	30:45	32:17	32:46	
		KS Tęcza, Brzezia Ł.		6:19	7:26	3:33	4:53	1:27	1:24	5:43	1:32	0:29	
17		**Miłosz Stagraczyńsk**	**33:17**	4:55	11:42	13:43	25:04	27:58	29:26	30:57	32:49	33:17	*21:08*
		UKS Arkady, Raszkó		4:55	6:47	2:01	11:21	2:54	1:28	1:31	1:52	0:28	**39*
18		**Jan Latuszkiewicz**	**35:16**	10:25	17:34	19:43	26:40	29:20	30:38	33:03	34:46	35:16	
		UKS Azymut, Pabian		10:25	7:09	2:09	6:57	2:40	1:18	2:25	1:43	0:30	
19		**Tytus Rychlewski**	**39:16**	8:16	15:02	17:52	26:13	30:46	35:13	37:39	38:50	39:16	
		KS Tęcza, Brzezia Ł.		8:16	6:46	2:50	8:21	4:33	4:27	2:26	1:11	0:26	
20		**Grzegorz Staniowsk**	**45:55**	7:24	13:48	16:00	34:40	36:14	37:48	44:22	45:30	45:55	*40:10*
		WKS Śląsk, Wrocław		7:24	6:24	2:12	18:40	1:34	1:34	6:34	1:08	0:25	**43*
		Józef Bobrowski	**nkl**	20:56	26:39	29:34	37:42	38:50	42:13	45:52	-----	47:15	
		Grupa Biegowa Obo		20:56	5:43	2:55	8:08	1:08	3:23	3:39		1:23	
M14 (18)				**2,9 km 100 m**			**11 PK**						
				1(56)	2(49)	3(58)	4(59)	5(54)	6(39)	7(42)	8(43)	9(60)	10(62)	11(42)	Meta
1		**Oskar Adamski**	**24:11**	1:07	**4:16**	**6:17**	**10:06**	**12:32**	**15:39**	**17:26**	**19:21**	**20:54**	**22:13**	**23:49**	**24:11**
		WKS Śląsk, Wrocław		1:07	***3:09***	2:01	3:49	2:26	3:07	1:47	1:55	1:33	1:19	1:36	0:22
2		**Sebastian Pabich**	**24:22**	1:33	6:55	8:35	12:15	13:46	16:49	18:20	20:25	21:27	22:31	24:03	24:22
		HKS Azymut, Mochy		1:33	5:22	***1:40***	***3:40***	***1:31***	***3:03***	***1:31***	2:05	***1:02***	***1:04***	***1:32***	***0:19***
3		**Krzysztof Rozynek**	**28:45**	1:22	6:34	9:04	13:22	15:08	18:40	21:07	23:12	24:45	26:17	28:22	28:45
		HKS Azymut, Mochy		1:22	5:12	2:30	4:18	1:46	3:32	2:27	2:05	1:33	1:32	2:05	0:23
4		**Ivo Wolski**	**31:31**	**1:05**	5:06	7:42	11:49	14:23	21:23	23:31	25:27	27:28	29:17	31:07	31:31
		UKS Azymut, Pabian		***1:05***	4:01	2:36	4:07	2:34	7:00	2:08	1:56	2:01	1:49	1:50	0:24
5		**Joachim Dobrzyńsk**	**32:44**	5:26	10:34	13:00	17:26	19:11	22:44	25:06	27:10	28:43	30:12	32:22	32:44
		HKS Azymut, Mochy		5:26	5:08	2:26	4:26	1:45	3:33	2:22	2:04	1:33	1:29	2:10	0:22
6		**Ignacy Sokołowski**	**33:42**	1:54	5:57	8:39	14:07	16:34	21:07	23:24	26:21	28:50	30:53	33:10	33:42
		WKS Śląsk, Wrocław		1:54	4:03	2:42	5:28	2:27	4:33	2:17	2:57	2:29	2:03	2:17	0:32
7		**Wojciech Zagrobeln**	**36:07**	2:13	8:34	12:22	17:03	19:12	23:46	26:28	29:12	32:30	33:39	35:47	36:07
		MKS Paulinum, Jele		2:13	6:21	3:48	4:41	2:09	4:34	2:42	2:44	3:18	1:09	2:08	0:20
8		**Antoni Bielawski**	**36:44**	3:07	7:54	11:06	17:16	19:17	26:15	28:43	30:49	32:32	34:15	36:24	36:44
		UKS Azymut, Pabian		3:07	4:47	3:12	6:10	2:01	6:58	2:28	2:06	1:43	1:43	2:09	0:20
9		**Marcin Lis**	**37:28**	4:12	8:33	11:28	16:19	20:02	24:40	26:58	29:18	32:46	34:59	37:07	37:28
		UKS Azymut, Pabian		4:12	4:21	2:55	4:51	3:43	4:38	2:18	2:20	3:28	2:13	2:08	0:21
10		**Ernest Gogler**	**37:58**	5:59	10:07	13:13	18:12	21:14	25:37	27:57	30:01	33:37	35:28	37:33	37:58
		KOS BnO, Szczecin		5:59	4:08	3:06	4:59	3:02	4:23	2:20	2:04	3:36	1:51	2:05	0:25
11		**Antoni Sokołowski**	**41:24**	6:47	14:35	17:18	23:14	25:09	29:57	32:12	35:39	37:27	39:01	40:58	41:24
		WKS Śląsk, Wrocław		6:47	7:48	2:43	5:56	1:55	4:48	2:15	3:27	1:48	1:34	1:57	0:26
12		**Cezary Drygas**	**41:31**	7:25	12:23	15:29	21:05	23:19	30:11	32:43	35:16	36:56	38:36	41:04	41:31
		UKS Arkady, Raszkó		7:25	4:58	3:06	5:36	2:14	6:52	2:32	2:33	1:40	1:40	2:28	0:27
13		**Florian Pałamarz-Po**	**42:49**	6:00	13:24	16:30	21:21	27:34	32:43	34:58	36:47	38:36	40:13	42:20	42:49
		WKS Śląsk, Wrocław		6:00	7:24	3:06	4:51	6:13	5:09	2:15	***1:49***	1:49	1:37	2:07	0:29
14		**Antoni Smug**	**43:51**	12:09	16:11	18:52	23:03	24:45	34:19	36:39	38:52	40:24	41:55	43:30	43:51
		Grupa Biegowa Obo		12:09	4:02	2:41	4:11	1:42	9:34	2:20	2:13	1:32	1:31	1:35	0:21
15		**Wojciech Thiel**	**57:32**	5:12	11:04	15:05	23:19	27:11	33:47	37:38	48:31	53:45	55:05	57:06	57:32
		HKS Azymut, Mochy		5:12	5:52	4:01	8:14	3:52	6:36	3:51	10:53	5:14	1:20	2:01	0:26
16		**Franciszek Fórmańs**	**1:00:51**	6:38	14:02	21:19	29:58	35:23	45:22	48:48	52:09	54:33	57:01	1:00:13	1:00:51
		UKS Arkady, Raszkó		6:38	7:24	7:17	8:39	5:25	9:59	3:26	3:21	2:24	2:28	3:12	0:38
17		**Jakub Świątczak**	**1:15:48**	3:08	13:28	16:57	23:55	26:27	50:35	55:34	1:06:33	1:11:42	1:12:47	1:15:17	1:15:48
		UKS Azymut, Pabian		3:08	10:20	3:29	6:58	2:32	24:08	4:59	10:59	5:09	1:05	2:30	0:31

L.p.	rtowy	Imię i nazwisko	Czas												
M14 (18)				***2,9 km 100 m 11 PK***					*(c.d.)*						
				1(56)	2(49)	3(58)	4(59)	5(54)	6(39)	7(42)	8(43)	9(60)	10(62)	11(42)	Meta
		Błażej Pachowicz	**nkl**	-----	25:46	35:08	46:40	52:46	1:07:18	1:09:55	1:13:32	1:16:20	1:18:35	1:21:51	1:22:21
		KS Tęcza, Brzezia Ł			25:46	9:22	11:32	6:06	14:32	2:37	3:37	2:48	2:15	3:16	0:30
M16 (7)				**4,3 km 165 m 13 PK**											
				1(37)	2(59)	3(57)	4(35)	5(36)	6(63)	7(53)	8(61)	9(42)	10(52)	11(60)	12(55)	13(42)
1		**Krystian Gwóźdź**	**45:21**	2:30	6:47	10:56	15:38	20:44	25:14	**26:54**	**33:23**	**35:27**	**36:18**	**41:32**	**44:16**	**45:01**
		WKS Śląsk, Wrocław		2:30	4:17	4:09	4:42	5:06	4:30	***1:40***	***6:29***	***2:04***	***0:51***	5:14	***2:44***	***0:45***
2		**Mikołaj Siwiec**	**46:14**	2:32	**6:42**	10:15	14:38	22:04	25:41	27:56	35:46	38:16	39:27	42:07	45:00	45:51
		MKS Paulinum, Jele		2:32	4:10	3:33	***4:23***	7:26	***3:37***	2:15	7:50	2:30	1:11	***2:40***	2:53	0:51
3		**Mikołaj Lisiecki**	**49:46**	2:41	**6:42**	**9:44**	**14:34**	**19:47**	**24:57**	27:33	38:08	40:28	41:35	44:45	48:36	49:26
		HKS Azymut, Mochy		2:41	***4:01***	***3:02***	4:50	5:13	5:10	2:36	10:35	2:20	1:07	3:10	3:51	0:50
4		**Jan May**	**1:04:20**	**2:25**	7:22	11:39	17:33	21:34	34:50	38:12	50:50	53:37	54:30	58:34	1:02:59	1:03:55
		UKS Dąb, Leszno		***2:25***	4:57	4:17	5:54	***4:01***	13:16	3:22	12:38	2:47	0:53	4:04	4:25	0:56
					28:06											
					**58*											
5		**Konrad Przymęcki**	**1:06:39**	3:21	8:52	15:24	21:21	28:05	38:09	42:50	51:20	54:43	55:56	1:00:48	1:05:01	1:06:19
		WKS Śląsk, Wrocław		3:21	5:31	6:32	5:57	6:44	10:04	4:41	8:30	3:23	1:13	4:52	4:13	1:18
					35:33											
					**58*											
6		**Fabian Młynkowiak**	**1:18:37**	2:50	9:32	12:48	17:25	31:40	37:56	41:30	54:33	57:02	58:15	1:13:01	1:17:03	1:18:04
		HKS Azymut, Mochy		2:50	6:42	3:16	4:37	14:15	6:16	3:34	13:03	2:29	1:13	14:46	4:02	1:01
		Bruno Bińkowski	**nkl**	3:18	8:39	12:32	-----	-----	39:29	-----	-----	-----	-----	-----	-----	-----
		Grupa Biegowa Obo		3:18	5:21	3:53			26:57							
M18 (7)				**5,9 km 205 m 14 PK**											
				1(31)	2(34)	3(32)	4(65)	5(58)	6(45)	7(53)	8(61)	9(42)	10(43)	11(44)	12(39)	13(55)
				Meta												
1		**Alan Parulski**	**56:16**	10:02	14:14	18:00	20:19	26:39	31:47	36:09	**43:35**	**46:13**	**48:00**	**50:54**	**54:12**	**55:13**
		HKS Azymut, Mochy		10:02	4:12	***3:46***	2:19	***6:20***	5:08	4:22	***7:26***	2:38	***1:47***	***2:54***	***3:18***	***1:01***
				56:16												
				0:18												
2		**Michał Jończy**	**1:01:38**	**8:48**	**12:52**	**17:08**	20:16	26:51	30:56	35:07	44:14	46:16	48:15	52:17	57:52	1:00:25
		MKS Paulinum, Jele		***8:48***	4:04	4:16	3:08	6:35	4:05	4:11	9:07	***2:02***	1:59	4:02	5:35	2:33
				1:01:38												
				0:27												
3		**Miłosz Staśkiewicz**	**1:03:17**	9:19	13:12	17:33	**19:46**	**26:27**	**30:42**	**34:51**	45:38	48:09	50:06	57:11	1:00:46	1:01:59
		WKS Śląsk, Wrocław		9:19	***3:53***	4:21	***2:13***	6:41	4:15	***4:09***	10:47	2:31	1:57	7:05	3:35	1:13
				1:03:17												
				0:22												
4		**Damian Widziewicz**	**1:05:51**	10:19	14:59	18:58	21:53	31:17	36:04	42:30	50:15	53:10	55:06	59:18	1:03:26	1:04:28
		WKS Śląsk, Wrocław		10:19	4:40	3:59	2:55	9:24	4:47	6:26	7:45	2:55	1:56	4:12	4:08	1:02
				1:05:51												
				0:26												
5		**Marcin Kamiński**	**1:09:10**	9:12	14:24	19:05	22:43	35:49	39:21	44:33	52:48	56:21	58:24	1:02:11	1:06:31	1:07:51
		WKS Śląsk, Wrocław		9:12	5:12	4:41	3:38	13:06	***3:32***	5:12	8:15	3:33	2:03	3:47	4:20	1:20
				1:09:10												
				0:28												
6		**Igor Górski**	**1:20:22**	11:31	21:10	25:00	27:55	36:06	42:51	48:20	1:03:02	1:06:01	1:08:57	1:12:35	1:17:31	1:18:57
		MKS Paulinum, Jele		11:31	9:39	3:50	2:55	8:11	6:45	5:29	14:42	2:59	2:56	3:38	4:56	1:26
				1:20:22												
				0:27												
7		**Konrad Cegiełka**	**1:26:21**	16:40	21:55	26:24	29:04	39:02	43:35	48:57	57:37	1:00:03	1:07:12	1:19:10	1:23:38	1:24:56
		UKS GOK, Galewice		16:40	5:15	4:29	2:40	9:58	4:33	5:22	8:40	2:26	7:09	11:58	4:28	1:18
				1:26:21		*1:01:18*										
				0:26		**52*										
M21 (16)				**8,4 km 295 m 19 PK**											
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(67)	9(38)	10(57)	11(45)	12(53)	13(46)
				15(42)	16(43)	17(44)	18(39)	19(42)	Meta							
1		**Michał Olejnik**	**54:41**	**6:10**	**10:04**	**11:46**	**15:29**	**20:31**	**23:08**	**26:40**	**30:50**	**32:16**	**35:30**	**36:34**	**39:16**	**44:29**
		Polish Military Team		***6:10***	3:54	***1:42***	***3:43***	5:02	***2:37***	***3:32***	4:10	***1:26***	***3:14***	1:04	***2:42***	5:13
				47:08	**48:28**	**50:36**	**53:11**	**54:23**	**54:41**							
				1:25	***1:20***	2:08	2:35	***1:12***	***0:18***							
2		**Wojciech Kowalski**	**1:00:02**	6:25	10:27	13:05	16:57	21:53	24:53	28:56	33:40	35:24	38:53	40:47	44:07	49:24
		WKS Śląsk, Wrocław		6:25	4:02	2:38	3:52	4:56	3:00	4:03	4:44	1:44	3:29	1:54	3:20	5:17
				51:55	53:23	55:29	58:18	59:37	1:00:02							
				1:26	1:28	***2:06***	2:49	1:19	0:25							
3		**Mikołaj Krawczyński**	**1:00:32**	6:33	10:12	12:12	16:50	21:40	24:35	28:23	33:15	35:10	38:48	39:56	42:44	49:53
		WKS Śląsk, Wrocław		6:33	***3:39***	2:00	4:38	***4:50***	2:55	3:48	4:52	1:55	3:38	1:08	2:48	7:09
				52:30	53:56	56:14	58:48	1:00:12	1:00:32							
				1:25	1:26	2:18	2:34	1:24	0:20							
4		**Piotr Parfianowicz**	**1:02:18**	7:14	11:11	13:11	17:01	22:07	24:57	28:59	33:48	35:37	39:12	40:27	43:31	49:40
		Polish Military Team		7:14	3:57	2:00	3:50	5:06	2:50	4:02	4:49	1:49	3:35	1:15	3:04	6:09
				54:18	55:45	57:59	1:00:27	1:01:54	1:02:18							
				1:20	1:27	2:14	***2:28***	1:27	0:24							
5		**Maciej Nowak**	**1:04:36**	6:58	11:20	13:36	17:52	25:47	29:08	32:58	38:14	40:30	44:08	45:19	48:24	53:30
		UKS Azymut, Dębów		6:58	4:22	2:16	4:16	7:55	3:21	3:50	5:16	2:16	3:38	1:11	3:05	***5:06***
				56:07	57:32	59:45	1:02:56	1:04:14	1:04:36							
				1:19	1:25	2:13	3:11	1:18	0:22							
6		**Antoni Pachnik**	**1:05:50**	6:52	11:01	14:14	18:15	23:06	25:55	30:41	34:50	36:35	42:25	43:26	46:08	52:42
		UKS Orientpark.pl, I		6:52	4:09	3:13	4:01	4:51	2:49	4:46	***4:09***	1:45	5:50	***1:01***	***2:42***	6:34
				57:23	59:01	1:01:28	1:04:11	1:05:29	1:05:50							
				2:09	1:38	2:27	2:43	1:18	0:21							

L.p.	rtowy	Imię i nazwisko	Czas												
M21 (16)				***8,4 km 295 m***			***19 PK***		*(c.d.)*						
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(67)	9(38)	10(57)	11(45)	12(53)	13(46)
				15(42)	16(43)	17(44)	18(39)	19(42)	Meta							
7	**Tomasz Jurczyk**		**1:06:15**	7:10	11:28	13:37	17:47	23:51	27:13	31:39	37:08	39:07	43:03	44:09	47:18	54:00
	WKS Śląsk, Wrocław			7:10	4:18	2:09	4:10	6:04	3:22	4:26	5:29	1:59	3:56	1:06	3:09	6:42
				57:01	58:35	1:01:19	1:04:24	1:05:52	1:06:15							
				1:38	1:34	2:44	3:05	1:28	0:23							
8	**Paweł Jankowiak**		**1:10:39**	8:42	13:32	16:07	20:26	26:35	29:51	35:11	40:35	42:35	46:31	47:44	50:59	59:39
	Indywidualny Wielk			8:42	4:50	2:35	4:19	6:09	3:16	5:20	5:24	2:00	3:56	1:13	3:15	8:40
				1:02:16	1:03:37	1:05:56	1:08:56	1:10:17	1:10:39							
				1:25	1:21	2:19	3:00	1:21	0:22							
9	**Kuba Drągowski**		**1:10:42**	7:47	12:04	14:18	19:17	25:23	28:23	32:46	39:12	41:53	46:42	47:56	51:12	57:12
	MKS Paulinum, Jele			7:47	4:17	2:14	4:59	6:06	3:00	4:23	6:26	2:41	4:49	1:14	3:16	6:00
				1:00:51	1:02:26	1:05:25	1:08:58	1:10:19	1:10:42							
				1:38	1:35	2:59	3:33	1:21	0:23							
10	**Bartłomiej Mazan**		**1:15:46**	8:54	13:48	16:20	21:07	28:00	31:33	36:25	42:47	44:57	49:32	50:49	53:45	1:00:54
	KOS BnO, Szczecin			8:54	4:54	2:32	4:47	6:53	3:33	4:52	6:22	2:10	4:35	1:17	2:56	7:09
				1:04:14	1:05:56	1:10:23	1:13:48	1:15:19	1:15:46							
				1:50	1:42	4:27	3:25	1:31	0:27							
11	**Mateusz Warmuz**		**1:32:50**	10:00	15:42	19:25	24:18	32:01	36:17	41:52	48:32	52:09	57:58	59:31	1:04:05	1:14:10
	Indywidualnie			10:00	5:42	3:43	4:53	7:43	4:16	5:35	6:40	3:37	5:49	1:33	4:34	10:05
				1:18:07	1:20:01	1:26:54	1:30:53	1:32:25	1:32:50							
				2:03	1:54	6:53	3:59	1:32	0:25							
12	**Patryk Janczyk**		**1:38:05**	10:52	15:37	18:03	22:48	31:16	34:57	43:19	49:56	51:56	56:39	59:08	1:03:51	1:14:52
	UKS Azymut, Pabian			10:52	4:45	2:26	4:45	8:28	3:41	8:22	6:37	2:00	4:43	2:29	4:43	11:01
				1:23:06	1:24:56	1:30:32	1:36:09	1:37:43	1:38:05		*1:20:07*	*1:20:29*				
				6:17	1:50	5:36	5:37	1:34	0:22		**55*	**55*				
13	**Stanisław Kabata**		**1:53:39**	10:23	19:18	22:40	29:14	38:59	44:49	50:30	58:01	1:00:45	1:08:00	1:13:54	1:20:55	1:31:25
	KOS BnO, Szczecin			10:23	8:55	3:22	6:34	9:45	5:50	5:41	7:31	2:44	7:15	5:54	7:01	10:30
				1:36:02	1:39:07	1:46:56	1:51:36	1:53:13	1:53:39							
				2:22	3:05	7:49	4:40	1:37	0:26							
14	**Szymon Dorożyński**		**1:55:32**	8:48	16:12	18:45	25:00	35:23	40:07	48:42	54:08	1:05:08	1:11:06	1:12:45	1:17:22	1:33:17
	IWsp SZ			8:48	7:24	2:33	6:15	10:23	4:44	8:35	5:26	11:00	5:58	1:39	4:37	15:55
				1:39:01	1:43:01	1:46:16	1:53:05	1:55:09	1:55:32		*46:11*					
				3:31	4:00	3:15	6:49	2:04	0:23		**53*					
15	**Aleksander Doniek**		**2:00:13**	12:03	18:14	22:39	28:21	36:32	42:35	49:22	56:07	58:54	1:06:39	1:11:55	1:18:06	1:28:13
	Indywidualny Kujaw			12:03	6:11	4:25	5:42	8:11	6:03	6:47	6:45	2:47	7:45	5:16	6:11	10:07
				1:46:30	1:48:41	1:52:51	1:57:21	1:59:42	2:00:13							
				3:06	2:11	4:10	4:30	2:21	0:31							
16	**Mikołaj Hryciuk**		**2:01:31**	11:02	18:16	22:29	28:47	43:28	49:24	56:50	1:06:10	1:09:59	1:15:50	1:19:12	1:25:24	1:38:37
	UKS Grom, Sokolnil			11:02	7:14	4:13	6:18	14:41	5:56	7:26	9:20	3:49	5:51	3:22	6:12	13:13
				1:46:47	1:49:30	1:53:11	1:58:44	2:01:06	2:01:31		*1:48:16*					
				2:03	2:43	3:41	5:33	2:22	0:25		**52*					
M35 (7)				***6,3 km 195 m***			***18 PK***									
				1(58)	2(36)	3(31)	4(34)	5(33)	6(32)	7(65)	8(64)	9(67)	10(40)	11(41)	12(42)	13(43)
				15(62)	16(39)	17(55)	18(42)	Meta								
1	**Michał Nowak**		**56:50**	**4:26**	**8:14**	**12:04**	**15:35**	**19:24**	**21:45**	**24:05**	**37:42**	**40:54**	**44:16**	**46:37**	**48:23**	**50:05**
	MKS Paulinum, Jele			***4:26***	***3:48***	***3:50***	***3:31***	3:49	***2:21***	***2:20***	13:37	***3:12***	***3:22***	2:21	***1:46***	***1:42***
				52:46	**54:50**	**55:47**	**56:29**	**56:50**								
				1:30	2:04	***0:57***	***0:42***	0:21								
2	**Tomasz Marciniak**		**1:03:30**	4:30	14:07	18:09	22:43	26:25	28:59	31:26	43:43	47:03	50:30	52:44	54:51	56:54
	WKS Śląsk, Wrocław			4:30	9:37	4:02	4:34	3:42	2:34	2:27	***12:17***	3:20	3:27	***2:14***	2:07	2:03
				59:20	1:01:10	1:02:07	1:03:03	1:03:30								
				1:10	***1:50***	***0:57***	0:56	0:27								
3	**Łukasz Jędrocha**		**1:14:18**	6:16	13:37	19:31	23:51	28:24	31:08	33:45	49:28	53:51	57:17	1:01:35	1:03:30	1:06:30
	Indywidualnie			6:16	7:21	5:54	4:20	4:33	2:44	2:37	15:43	4:23	3:26	4:18	1:55	3:00
				1:09:45	1:11:52	1:12:59	1:13:55	1:14:18		*44:31*						
				2:01	2:07	1:07	0:56	0:23		**50*						
4	**Przemysław Pawłow**		**1:16:53**	5:16	12:43	16:55	21:01	24:21	26:44	29:37	43:51	48:08	52:09	1:04:40	1:07:02	1:09:05
	UKS Azymut, Pabian			5:16	7:27	4:12	4:06	***3:20***	2:23	2:53	14:14	4:17	4:01	12:31	2:22	2:03
				1:12:44	1:14:39	1:15:42	1:16:33	1:16:53		*56:37*						
				1:12	1:55	1:03	0:51	***0:20***		**46*						
5	**Mirosław Dzik**		**1:18:30**	6:05	17:23	21:54	26:01	30:34	33:23	35:56	52:01	57:48	1:01:43	1:05:21	1:08:34	1:10:29
	LKS Górzanka, Nawo			6:05	11:18	4:31	4:07	4:33	2:49	2:33	16:05	5:47	3:55	3:38	3:13	1:55
				1:13:47	1:15:49	1:17:02	1:18:02	1:18:30								
				2:07	2:02	1:13	1:00	0:28								
6	**Piotr Pietroń**		**1:18:39**	6:34	12:26	17:52	22:27	26:43	29:55	36:19	53:04	57:12	1:01:48	1:04:08	1:06:16	1:08:27
	UKS Patria, Młynne			6:34	5:52	5:26	4:35	4:16	3:12	6:24	16:45	4:08	4:36	2:20	2:08	2:11
				1:12:19	1:15:39	1:17:04	1:18:07	1:18:39								
				2:02	3:20	1:25	1:03	0:32								
	Tomasz Bernaś		**nkl**	4:48	-----	-----	-----	-----	-----	-----	-----	-----	42:14	46:44	-----	-----
	WKS Śląsk, Wrocław			4:48									37:26	4:30		
				-----	-----	-----	50:45	51:27								
							4:01	0:42								
M40 (17)				***6,2 km 175 m***			***15 PK***									
				1(61)	2(67)	3(38)	4(64)	5(57)	6(31)	7(34)	8(65)	9(58)	10(37)	11(55)	12(42)	13(43)
				15(42)	Meta											
1	**Dariusz Sokalski**		**49:42**	**5:43**	**8:03**	**10:29**	**12:29**	**14:36**	**20:09**	**23:22**	**25:54**	**32:10**	**35:32**	**43:18**	**44:04**	**45:43**
	WKS Śląsk, Wrocław			***5:43***	***2:20***	2:26	***2:00***	***2:07***	***5:33***	***3:13***	***2:32***	6:16	3:22	7:46	0:46	***1:39***
				49:17	**49:42**											
				1:35	0:25											
2	**Piotr From**		**51:58**	6:56	10:29	12:36	14:50	17:09	23:08	26:37	29:29	36:18	39:13	45:02	45:46	47:25
	UMKS Kwidzyn			6:56	3:33	***2:07***	2:14	2:19	5:59	3:29	2:52	6:49	***2:55***	***5:49***	***0:44***	***1:39***
				51:37	51:58											
				1:33	***0:21***											

M40 (17) — 6,2 km 175 m 15 PK (c.d.)

L.p.	rtowy	Imię i nazwisko	Czas	1(61) 15(42)	2(67) Meta	3(38)	4(64)	5(57)	6(31)	7(34)	8(65)	9(58)	10(37)	11(55)	12(42)	13(43)
3		**Paweł Zimoń**	**57:15**	6:32	9:05	11:37	14:49	17:19	23:47	27:52	34:01	40:53	44:01	50:14	51:13	52:53
		MKS Paulinum, Jele		6:32	2:33	2:32	3:12	2:30	6:28	4:05	6:09	6:52	3:08	6:13	0:59	1:40
				56:52	57:15											
				1:46	0:23											
4		**Piotr Drągowski**	**1:02:19**	6:58	10:02	12:55	15:17	18:21	26:47	31:24	35:21	43:14	47:12	54:28	55:26	57:19
		OK! Sport, Warszaw		6:58	3:04	2:53	2:22	3:04	8:26	4:37	3:57	7:53	3:58	7:16	0:58	1:53
				1:01:53	1:02:19											
				1:49	0:26											
5		**Michał Dobrzyński**	**1:03:15**	8:08	12:57	15:08	18:57	21:32	27:32	33:49	37:26	43:09	48:22	55:35	56:23	58:41
		HKS Azymut, Mochy		8:08	4:49	2:11	3:49	2:35	6:00	6:17	3:37	***5:43***	5:13	7:13	0:48	2:18
				1:02:54	1:03:15											
				1:45	***0:21***											
6		**Michał Mazur**	**1:05:01**	7:14	11:13	13:31	16:08	19:08	27:42	32:20	36:44	45:14	49:13	57:16	58:17	1:00:07
		UKS Azymut, Pabian		7:14	3:59	2:18	2:37	3:00	8:34	4:38	4:24	8:30	3:59	8:03	1:01	1:50
				1:04:35	1:05:01											
				2:00	0:26											
7		**Paweł Sornat**	**1:08:20**	8:09	10:46	13:57	16:35	19:42	29:25	34:07	38:30	46:12	51:34	59:43	1:00:48	1:02:53
		LUKS Azymek, Zdzie		8:09	2:37	3:11	2:38	3:07	9:43	4:42	4:23	7:42	5:22	8:09	1:05	2:05
				1:07:53	1:08:20		*57:32*									
				1:49	0:27		**61*									
8		**Marcin Maciejewski**	**1:09:40**	7:08	10:22	13:33	16:48	20:12	29:09	34:50	39:45	47:31	51:24	59:44	1:01:15	1:04:05
		KInO ORIENTOP, W		7:08	3:14	3:11	3:15	3:24	8:57	5:41	4:55	7:46	3:53	8:20	1:31	2:50
				1:09:12	1:09:40											
				2:36	0:28											
9		**Kostiantyn Kirakosc**	**1:11:19**	11:37	15:23	18:33	21:09	24:05	31:48	37:43	42:51	50:31	54:14	1:01:47	1:03:20	1:05:28
		HKS Azymut, Mochy		11:37	3:46	3:10	2:36	2:56	7:43	5:55	5:08	7:40	3:43	7:33	1:33	2:08
				1:10:52	1:11:19											
				1:51	0:27											
10		**Patryk Wyrzykowski**	**1:13:29**	8:59	12:21	14:51	21:04	24:46	32:25	37:03	41:28	51:40	56:26	1:05:59	1:06:50	1:08:50
		KS Hades, Poznań		8:59	3:22	2:30	6:13	3:42	7:39	4:38	4:25	10:12	4:46	9:33	0:51	2:00
				1:13:02	1:13:29		*6:47*	*1:04:33*								
				1:44	0:27		**54*	**42*								
11		**Michał Kuś**	**1:21:11**	7:35	10:34	22:55	26:16	29:48	39:40	44:16	49:53	59:25	1:03:50	1:11:03	1:12:23	1:14:47
		Stowarzyszenie Tear		7:35	2:59	12:21	3:21	3:32	9:52	4:36	5:37	9:32	4:25	7:13	1:20	2:24
				1:20:49	1:21:11											
				1:58	0:22											
12		**Marcin Cieślik**	**1:31:34**	8:46	11:58	15:13	19:18	22:47	48:35	53:57	58:43	1:07:45	1:12:14	1:22:19	1:23:37	1:26:01
		HKS Azymut, Mochy		8:46	3:12	3:15	4:05	3:29	25:48	5:22	4:46	9:02	4:29	10:05	1:18	2:24
				1:31:07	1:31:34											
				2:26	0:27											
13		**Filip Krakowiak**	**1:44:02**	9:42	15:49	20:32	24:56	30:00	41:06	48:40	59:53	1:09:35	1:15:01	1:26:35	1:35:17	1:37:28
		UKS Orientpark.pl, I		9:42	6:07	4:43	4:24	5:04	11:06	7:34	11:13	9:42	5:26	11:34	8:42	2:11
				1:43:29	1:44:02		*1:29:50*									
				2:33	0:33		**52*									
14		**Przemysław Kijowsk**	**1:46:44**	14:07	19:03	26:22	31:55	35:58	49:13	56:48	1:04:27	1:14:31	1:21:01	1:35:33	1:37:51	1:40:50
		UKS Azymut, Pabian		14:07	4:56	7:19	5:33	4:03	13:15	7:35	7:39	10:04	6:30	14:32	2:18	2:59
				1:46:17	1:46:44											
				2:19	0:27											
15		**Michał Pałamarz-Poc**	**1:50:32**	19:25	23:55	27:18	31:41	37:29	55:59	1:02:55	1:09:24	1:21:13	1:29:34	1:39:11	1:41:09	1:43:39
		KS Tęcza, Brzezia Ł		19:25	4:30	3:23	4:23	5:48	18:30	6:56	6:29	11:49	8:21	9:37	1:58	2:30
				1:49:51	1:50:32											
				2:38	0:41											
16		**Damian Hetnar**	**2:07:55**	13:27	16:33	19:27	33:13	35:58	49:31	54:53	1:03:48	1:17:29	1:25:35	1:45:01	1:46:12	1:49:10
		UKS Orientpark.pl, I		13:27	3:06	2:54	13:46	2:45	13:33	5:22	8:55	13:41	8:06	19:26	1:11	2:58
				2:07:05	2:07:55											
				3:28	0:50											
		Przemysław Fórmań	**nkl**	23:09	26:32	29:34	33:03	36:49	-----	-----	-----	-----	-----	-----	-----	-----
		UKS Arkady, Raszkó		23:09	3:23	3:02	3:29	3:46								
				-----	49:55											
					13:06											

M45 (18) — 5,8 km 150 m 17 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(66) 15(44)	2(67) 16(39)	3(64) 17(42)	4(45) Meta	5(35)	6(31)	7(36)	8(63)	9(53)	10(46)	11(41)	12(42)	13(43)
1		**Paweł Golinowski**	**1:05:04**	**2:48**	16:32	20:05	23:26	26:30	32:15	36:14	39:35	42:08	**49:46**	**53:14**	**55:15**	**56:58**
		IWsp SZ		***2:48***	13:44	***3:33***	***3:21***	***3:04***	5:45	3:59	***3:21***	2:33	7:38	3:28	2:01	***1:43***
				59:45	**1:02:56**	**1:04:36**	**1:05:04**									
				1:37	***3:11***	1:40	0:28									
2		**Piotr Bąk**	**1:10:51**	4:08	9:53	17:14	23:46	27:49	33:03	37:10	42:38	45:20	55:41	57:30	59:10	1:01:06
		WKS Śląsk, Wrocław		4:08	5:45	7:21	6:32	4:03	5:14	4:07	5:28	2:42	10:21	1:49	***1:40***	1:56
				1:04:37	1:08:31	1:10:27	1:10:51									
				2:03	3:54	1:56	***0:24***									
3		**Paweł Podgruszews**	**1:11:41**	3:03	8:22	**14:38**	**18:14**	**21:51**	33:38	37:29	41:33	43:35	55:39	57:27	59:24	1:01:16
		HKS Azymut, Mochy		3:03	5:19	6:16	3:36	3:37	11:47	***3:51***	4:04	***2:02***	12:04	1:48	1:57	1:52
				1:04:46	1:09:20	1:11:14	1:11:41									
				1:42	4:34	1:54	0:27									
4		**Damian Dutkiewicz**	**1:13:10**	3:40	10:26	16:53	21:07	25:01	**29:24**	**33:31**	**38:23**	**40:28**	51:31	54:10	56:07	58:01
		MKS Paulinum, Jele		3:40	6:46	6:27	4:14	3:54	4:23	4:07	4:52	2:05	11:03	2:39	1:57	1:54
				1:01:32	1:10:46	1:12:38	1:13:10									
				2:09	9:14	1:52	0:32									
5		**Marcin Hoffmann**	**1:15:18**	4:32	10:30	15:33	20:46	26:21	32:25	37:09	42:36	45:31	56:00	58:13	1:00:57	1:03:51
		KOS BnO, Szczecin		4:32	5:58	5:03	5:13	5:35	6:04	4:44	5:27	2:55	10:29	2:13	2:44	2:54
				1:07:44	1:12:13	1:14:49	1:15:18									
				2:17	4:29	2:36	0:29									

L.p.	rtowy	Imię i nazwisko	Czas												
M45 (18)				***5,8 km 150 m***			***17 PK***		***(c.d.)***						
				1(66)	2(67)	3(64)	4(45)	5(35)	6(31)	7(36)	8(63)	9(53)	10(46)	11(41)	12(42)	13(43)
				15(44)	16(39)	17(42)	Meta									
6	**Borys Bińkowski**	**1:17:04**	3:51	9:27	29:28	33:19	37:22	42:15	46:21	50:04	52:22	1:01:40	1:03:16	1:05:00	1:07:00
	Grupa Biegowa Obo		3:51	5:36	20:01	3:51	4:03	4:53	4:06	3:43	2:18	9:18	***1:36***	1:44	2:00
			1:10:42	1:14:49	1:16:35	1:17:04									
			1:56	4:07	1:46	0:29									
7	**Wojciech Jusik**	**1:17:20**	7:58	14:10	18:58	23:53	28:45	34:04	38:24	43:48	45:50	53:19	55:45	58:24	1:01:59
	KS Hades, Poznań		7:58	6:12	4:48	4:55	4:52	5:19	4:20	5:24	***2:02***	***7:29***	2:26	2:39	3:35
			1:09:33	1:14:31	1:16:47	1:17:20									
			2:42	4:58	2:16	0:33									
8	**Dominik Krumin**	**1:18:35**	3:22	**8:15**	15:04	18:32	31:55	35:57	39:52	48:58	54:31	1:03:33	1:06:31	1:08:15	1:10:07
	AZS UMCS, Lublin		3:22	***4:53***	6:49	3:28	13:23	***4:02***	3:55	9:06	5:33	9:02	2:58	1:44	1:52
			1:12:50	1:16:37	1:18:10	1:18:35									
			1:26	3:47	***1:33***	0:25									
9	**Paweł Piaskowski**	**1:19:04**	9:54	16:07	21:08	25:35	30:36	35:57	40:22	45:35	47:41	55:20	57:55	1:00:24	1:03:57
	UKS Arkady, Raszkó		9:54	6:13	5:01	4:27	5:01	5:21	4:25	5:13	2:06	7:39	2:35	2:29	3:33
			1:11:22	1:16:22	1:18:39	1:19:04									
			2:44	5:00	2:17	0:25									
10	**Michał Adamski**	**1:22:44**	5:29	11:28	16:26	23:46	30:25	37:15	43:39	52:10	55:08	1:05:29	1:07:39	1:09:28	1:11:43
	WKS Śląsk, Wrocław		5:29	5:59	4:58	7:20	6:39	6:50	6:24	8:31	2:58	10:21	2:10	1:49	2:15
			1:15:20	1:19:02	1:22:19	1:22:44									
			1:55	3:42	3:17	0:25									
11	**Piotr Zamiara**	**1:24:58**	3:30	11:40	20:26	24:26	28:18	35:45	44:50	49:24	51:47	1:07:41	1:10:17	1:12:40	1:14:33
	KS Hades, Poznań		3:30	8:10	8:46	4:00	3:52	7:27	9:05	4:34	2:23	15:54	2:36	2:23	1:53
			1:17:35	1:22:19	1:24:31	1:24:58									
			1:58	4:44	2:12	0:27									
12	**Michał Kłodowski**	**1:31:29**	4:38	12:18	22:19	29:38	34:35	41:38	47:24	53:27	55:59	1:07:36	1:11:13	1:14:03	1:16:33
	WKS Śląsk, Wrocław		4:38	7:40	10:01	7:19	4:57	7:03	5:46	6:03	2:32	11:37	3:37	2:50	2:30
			1:21:17	1:29:02	1:31:00	1:31:29									
			2:23	7:45	1:58	0:29									
13	**Jakub Smolarek**	**1:36:07**	7:11	14:57	21:36	26:46	38:46	43:40	50:01	54:59	58:11	1:10:07	1:12:33	1:16:35	1:19:31
	KS Hades, Poznań		7:11	7:46	6:39	5:10	12:00	4:54	6:21	4:58	3:12	11:56	2:26	4:02	2:56
			1:28:30	1:33:24	1:35:40	1:36:07									
			3:11	4:54	2:16	0:27									
14	**Piotr Dubiel**	**1:39:09**	9:21	15:25	20:09	28:57	36:33	44:59	50:40	55:15	1:07:27	1:19:29	1:23:16	1:26:09	1:29:10
	MKS Paulinum, Jele		9:21	6:04	4:44	8:48	7:36	8:26	5:41	4:35	12:12	12:02	3:47	2:53	3:01
			1:32:48	1:36:30	1:38:44	1:39:09									
			2:00	3:42	2:14	0:25									
15	**Bartosz Nikołajuk**	**1:40:57**	4:50	12:11	18:10	25:19	29:26	34:39	52:35	57:29	59:46	1:11:41	1:25:11	1:27:20	1:30:24
	WKS Śląsk, Wrocław		4:50	7:21	5:59	7:09	4:07	5:13	17:56	4:54	2:17	11:55	13:30	2:09	3:04
			1:34:13	1:38:16	1:40:31	1:40:57									
			2:17	4:03	2:15	0:26									
16	**Andrzej Domagała**	**1:44:45**	5:07	12:44	21:26	28:02	33:03	38:43	56:00	1:02:07	1:05:04	1:20:28	1:25:32	1:28:09	1:30:47
	UKS Grom, Sokolnil		5:07	7:37	8:42	6:36	5:01	5:40	17:17	6:07	2:57	15:24	5:04	2:37	2:38
			1:35:14	1:41:00	1:44:10	1:44:45									
			2:34	5:46	3:10	0:35									
17	**Aleksandr Mashevsk**	**1:48:25**	13:57	20:04	34:23	40:06	44:34	52:14	1:00:22	1:07:13	1:11:13	1:22:10	1:28:17	1:30:36	1:33:14
	Indywidualny Dolno		13:57	6:07	14:19	5:43	4:28	7:40	8:08	6:51	4:00	10:57	6:07	2:19	2:38
			1:39:56	1:45:29	1:47:55	1:48:25									
			4:36	5:33	2:26	0:30									
18	**Dariusz Drygas**	**2:23:23**	6:21	15:33	25:33	32:08	37:10	42:58	49:23	1:01:19	1:06:00	1:40:55	1:48:10	1:50:40	1:53:13
	UKS Arkady, Raszkó		6:21	9:12	10:00	6:35	5:02	5:48	6:25	11:56	4:41	34:55	7:15	2:30	2:33
			2:08:45	2:16:53	2:22:39	2:23:23									
			2:58	8:08	5:46	0:44									
M50 (13)				**5,5 km 155 m**			**16 PK**								
				1(40)	2(67)	3(64)	4(35)	5(31)	6(36)	7(58)	8(63)	9(53)	10(46)	11(55)	12(42)	13(43)
				15(62)	16(42)	Meta										
1	**Daniel Jończy**	**54:05**	**4:18**	**7:40**	14:56	**20:07**	**23:39**	**26:53**	**30:45**	**31:36**	**33:32**	**44:23**	**46:41**	**47:34**	**49:18**
	MKS Paulinum, Jele		***4:18***	***3:22***	7:16	***5:11***	***3:32***	***3:14***	***3:52***	***0:51***	***1:56***	10:51	***2:18***	0:53	***1:44***
			51:54	**53:36**	**54:05**										
			1:23	***1:42***	0:29										
2	**Przemysław Czapla**	**58:41**	5:48	9:42	**14:24**	20:53	25:44	29:35	33:57	34:58	37:05	47:57	50:49	51:39	53:23
	WKS Wawel, Kraków		5:48	3:54	4:42	6:29	4:51	3:51	4:22	1:01	2:07	10:52	2:52	***0:50***	***1:44***
			56:07	58:14	58:41										
			1:30	2:07	0:27										
3	**Marcin Grydziuszko**	**1:03:02**	7:10	10:57	16:26	25:12	29:20	33:08	37:16	38:11	40:40	51:17	54:44	55:39	57:44
	UKS Energetyk, Dyc		7:10	3:47	5:29	8:46	4:08	3:48	4:08	0:55	2:29	10:37	3:27	0:55	2:05
			1:00:33	1:02:33	1:03:02										
			1:20	2:00	0:29										
4	**Łukasz Szmyt**	**1:06:53**	5:25	10:03	14:27	21:44	26:50	31:33	39:01	39:59	42:10	53:28	57:56	58:52	1:01:14
	HKS Azymut, Mochy		5:25	4:38	***4:24***	7:17	5:06	4:43	7:28	0:58	2:11	11:18	4:28	0:56	2:22
			1:04:21	1:06:28	1:06:53		*37:37*								
			1:30	2:07	***0:25***		**63*								
5	**Jarosław Krzyżostar**	**1:11:08**	7:12	11:15	16:19	25:28	30:12	34:37	38:52	40:07	42:49	55:04	58:29	59:49	1:02:01
	UKS Grom, Sokolnil		7:12	4:03	5:04	9:09	4:44	4:25	4:15	1:15	2:42	12:15	3:25	1:20	2:12
			1:08:22	1:10:33	1:11:08										
			1:57	2:11	0:35										
6	**Krzysztof Pacyna**	**1:12:59**	6:22	11:09	16:15	23:29	34:14	38:42	44:40	45:48	48:07	59:28	1:03:34	1:04:27	1:06:30
	UKS Energetyk, Dyc		6:22	4:47	5:06	7:14	10:45	4:28	5:58	1:08	2:19	11:21	4:06	0:53	2:03
			1:10:12	1:12:34	1:12:59										
			1:49	2:22	***0:25***										
7	**Igor Błachut**	**1:18:15**	5:27	10:31	23:05	29:18	34:16	38:45	43:07	44:39	46:52	1:05:24	1:09:22	1:10:22	1:12:23
	Stowarzyszenie Tear		5:27	5:04	12:34	6:13	4:58	4:29	4:22	1:32	2:13	18:32	3:58	1:00	2:01
			1:15:47	1:17:47	1:18:15										
			1:17	2:00	0:28										

L.p.	rtowy	Imię i nazwisko	Czas												
M50 (13)				***5,5 km 155 m***			***16 PK***		*(c.d.)*						
				1(40)	2(67)	3(64)	4(35)	5(31)	6(36)	7(58)	8(63)	9(53)	10(46)	11(55)	12(42)	13(43)
				15(62)	16(42)	Meta										
8	**Tomasz Żak**		**1:24:08**	16:08	25:00	30:27	37:52	42:52	47:07	53:34	54:28	57:25	1:09:35	1:14:41	1:15:48	1:17:47
	UKS Energetyk, Dyc			16:08	8:52	5:27	7:25	5:00	4:15	6:27	0:54	2:57	12:10	5:06	1:07	1:59
				1:21:09	1:23:36	1:24:08										
				1:38	2:27	0:32										
9	**Robert Porada**		**1:31:12**	19:33	25:56	33:33	44:06	49:04	56:12	1:02:59	1:04:03	1:07:10	1:16:22	1:21:14	1:23:06	1:25:28
	UKS Reflex, Rybnik			19:33	6:23	7:37	10:33	4:58	7:08	6:47	1:04	3:07	9:12	4:52	1:52	2:22
				1:28:29	1:30:46	1:31:12										
				1:32	2:17	0:26										
10	**Tomasz Kaźmierczal**		**1:40:09**	6:07	14:57	20:29	27:48	1:04:26	1:09:53	1:14:47	1:16:00	1:20:18	1:27:43	1:30:58	1:32:02	1:34:19
	akTYwna13			6:07	8:50	5:32	7:19	36:38	5:27	4:54	1:13	4:18	***7:25***	3:15	1:04	2:17
				1:37:32	1:39:37	1:40:09										
				1:24	2:05	0:32										
11	**Tomasz Stryjak**		**1:42:10**	11:21	16:50	22:28	42:34	50:31	58:06	1:05:58	1:07:37	1:11:08	1:24:00	1:29:40	1:31:11	1:35:08
	Skarmat Toruń			11:21	5:29	5:38	20:06	7:57	7:35	7:52	1:39	3:31	12:52	5:40	1:31	3:57
				1:39:07	1:41:42	1:42:10										
				1:58	2:35	0:28										
12	**Krzysztof Gaweł**		**1:44:54**	14:25	20:55	30:01	44:20	50:55	59:31	1:06:46	1:08:22	1:13:31	1:27:15	1:32:20	1:33:50	1:37:08
	AWL			14:25	6:30	9:06	14:19	6:35	8:36	7:15	1:36	5:09	13:44	5:05	1:30	3:18
				1:41:24	1:44:23	1:44:54										
				1:49	2:59	0:31										
13	**Roman Sokołowski**		**2:03:44**	13:55	19:41	27:31	39:09	46:31	57:26	1:05:55	1:08:09	1:14:51	1:46:35	1:51:06	1:52:43	1:55:55
	WKS Śląsk, Wrocław			13:55	5:46	7:50	11:38	7:22	10:55	8:29	2:14	6:42	31:44	4:31	1:37	3:12
				2:00:00	2:03:10	2:03:44										
				1:35	3:10	0:34										
M55 (7)				**4,7 km 140 m**			**16 PK**									
				1(66)	2(40)	3(38)	4(64)	5(57)	6(35)	7(58)	8(63)	9(46)	10(61)	11(55)	12(42)	13(43)
				15(62)	16(42)	Meta										
1	**Kalikst Sobczyński**		**48:21**	3:47	6:19	**12:15**	**15:33**	**18:38**	**22:38**	**25:15**	**26:30**	**35:27**	**38:21**	**40:05**	**41:03**	**43:03**
	WKS Śląsk, Wrocław			3:47	2:32	***5:56***	3:18	3:05	***4:00***	2:37	1:15	***8:57***	***2:54***	***1:44***	0:58	***2:00***
				46:07	**47:50**	**48:21**										
				1:30	***1:43***	0:31										
2	**Krzysztof Wrzesiński**		**54:03**	3:47	6:36	12:49	15:54	19:13	23:51	26:01	27:12	38:24	42:23	44:33	45:25	47:28
	WKS Śląsk, Wrocław			3:47	2:49	6:13	***3:05***	3:19	4:38	***2:10***	***1:11***	11:12	3:59	2:10	***0:52***	2:03
				51:39	53:33	54:03										
				1:54	1:54	0:30										
3	**Mariusz Kramski**		**55:46**	**3:30**	**6:00**	14:27	17:57	20:45	25:25	27:48	29:33	40:30	44:28	46:18	47:14	49:20
	UKS Energetyk, Dyc			***3:30***	***2:30***	8:27	3:30	***2:48***	4:40	2:23	1:45	10:57	3:58	1:50	0:56	2:06
				53:27	55:20	55:46										
				1:49	1:53	***0:26***										
4	**Tomasz Kosicki**		**1:00:32**	4:39	8:02	15:15	18:40	21:55	27:03	29:36	30:51	44:05	47:48	49:49	50:49	53:22
	MKS Paulinum, Jele			4:39	3:23	7:13	3:25	3:15	5:08	2:33	1:15	13:14	3:43	2:01	1:00	2:33
				57:52	1:00:02	1:00:32										
				1:47	2:10	0:30										
5	**Paweł Pudełek**		**1:03:39**	3:43	6:27	12:35	21:36	25:12	31:40	34:09	35:20	46:37	50:36	52:37	53:41	55:44
	PKO Harpagan, Gda			3:43	2:44	6:08	9:01	3:36	6:28	2:29	***1:11***	11:17	3:59	2:01	1:04	2:03
				1:01:13	1:03:06	1:03:39										
				1:44	1:53	0:33										
6	**Marcin Szczygieł**		**1:08:31**	4:58	8:11	15:33	19:26	23:30	28:44	32:19	33:56	49:14	53:26	55:53	57:16	1:00:12
	WKS Śląsk, Wrocław			4:58	3:13	7:22	3:53	4:04	5:14	3:35	1:37	15:18	4:12	2:27	1:23	2:56
				1:04:51	1:07:51	1:08:31										
				2:19	3:00	0:40										
7	**Dariusz Becmer**		**1:21:03**	4:04	11:59	18:47	22:22	29:18	33:59	36:33	37:49	1:00:55	1:06:36	1:10:36	1:11:57	1:14:33
	WKS Śląsk, Wrocław			4:04	7:55	6:48	3:35	6:56	4:41	2:34	1:16	23:06	5:41	4:00	1:21	2:36
				1:18:32	1:20:30	1:21:03										
				2:15	1:58	0:33										
M60 (3)				**3,6 km 140 m**			**14 PK**									
				1(37)	2(63)	3(58)	4(45)	5(57)	6(59)	7(38)	8(39)	9(61)	10(42)	11(52)	12(43)	13(62)
				Meta												
1	**Zbigniew Malarz**		**1:01:19**	**3:51**	**9:08**	**11:02**	20:55	23:46	30:02	**37:13**	**42:43**	**46:02**	**49:30**	**51:53**	**53:54**	**57:56**
	Indywidualnie Opole			***3:51***	***5:17***	1:54	9:53	2:51	***6:16***	***7:11***	***5:30***	3:19	3:28	2:23	2:01	4:02
				1:01:19												
				0:35												
2	**Krzysztof Ciura**		**1:13:45**	3:55	9:13	**11:02**	**17:21**	**20:08**	**27:26**	50:24	57:44	1:00:50	1:03:59	1:05:27	1:07:06	1:10:09
	WKS Śląsk, Wrocław			3:55	5:18	***1:49***	6:19	***2:47***	7:18	22:58	7:20	***3:06***	***3:09***	***1:28***	1:39	***3:03***
				1:13:45												
				0:42												
3	**Józef Kłos**		**1:22:18**	4:43	11:28	13:43	19:24	22:56	37:17	52:20	59:36	1:03:08	1:08:27	1:12:11	1:13:47	1:17:03
	UKS Azymut, Pabian			4:43	6:45	2:15	***5:41***	3:32	14:21	15:03	7:16	3:32	5:19	3:44	***1:36***	3:16
				1:22:18												
				0:35												
M65 (4)				**3,4 km 115 m**			**13 PK**									
				1(40)	2(54)	3(59)	4(45)	5(57)	6(38)	7(67)	8(61)	9(55)	10(42)	11(43)	12(51)	13(42)
1	**Jerzy Kryjomski**		**39:02**	6:24	9:00	**11:43**	**15:34**	**17:53**	**25:10**	**27:23**	**30:03**	**32:29**	**33:42**	**35:53**	**37:19**	**38:34**
	KS Kościelec, Chrza			6:24	2:36	***2:43***	***3:51***	***2:19***	7:17	***2:13***	***2:40***	2:26	1:13	***2:11***	1:26	***1:15***
2	**Andrzej Skonieczny**		**50:58**	10:04	13:11	16:54	22:49	25:42	34:02	38:00	41:17	43:30	45:00	47:27	49:00	50:25
	KInO ORIENTOP, Wł			10:04	3:07	3:43	5:55	2:53	8:20	3:58	3:17	2:13	1:30	2:27	1:33	1:25
					5:40											
					**66*											
3	**Dariusz Polewski**		**56:35**	10:39	12:56	16:56	28:34	31:02	40:13	43:40	46:53	49:03	50:24	53:03	54:38	56:01

L.p.	rtowy	Imię i nazwisko	Czas												
M65 (4)				***3,4 km 115 m***			***13 PK***		*(c.d.)*						
				1(40)	2(54)	3(59)	4(45)	5(57)	6(38)	7(67)	8(61)	9(55)	10(42)	11(43)	12(51)	13(42)
		Indywidualny Opols		10:39	2:17	4:00	11:38	2:28	9:11	3:27	3:13	***2:10***	1:21	2:39	1:35	1:23
		Krzysztof Wojarski	**nkl**	**6:23**	**8:31**	11:48	15:56	19:12	25:56	29:06	32:27	35:49	36:57	39:24	40:37	-----
		LKS Górzanka, Nawo		***6:23***	***2:08***	3:17	4:08	3:16	***6:44***	3:10	3:21	3:22	***1:08***	2:27	***1:13***	
M70 (6)						**3,1 km 110 m**		**12 PK**							
				1(63)	2(58)	3(45)	4(57)	5(59)	6(61)	7(40)	8(41)	9(42)	10(60)	11(62)	12(42)	Meta
1		**Romuald Guga**	**38:34**	6:38	8:23	**12:54**	**15:12**	**18:23**	**22:15**	**24:46**	**27:54**	**30:16**	**33:59**	**35:43**	**38:03**	**38:34**
		WKS Śląsk, Wrocław		6:38	***1:45***	***4:31***	2:18	3:11	***3:52***	***2:31***	***3:08***	***2:22***	***3:43***	***1:44***	***2:20***	***0:31***
2		**Piotr Wierciński**	**43:50**	7:28	9:46	17:24	19:25	22:20	26:21	28:52	32:07	34:29	38:25	40:22	43:17	43:50
		MKS Metalowiec, Łó		7:28	2:18	7:38	***2:01***	***2:55***	4:01	***2:31***	3:15	***2:22***	3:56	1:57	2:55	0:33
3		**Marek Pietrusiński**	**44:34**	6:17	8:05	13:31	16:13	19:36	24:08	27:51	31:13	33:48	38:48	41:08	43:53	44:34
		KS Artemis, Wrocław		6:17	1:48	5:26	2:42	3:23	4:32	3:43	3:22	2:35	5:00	2:20	2:45	0:41
4		**Zbigniew Hornik**	**1:00:01**	**5:45**	**7:33**	13:34	17:16	24:53	32:38	36:47	46:14	49:29	54:20	56:29	59:21	1:00:01
		KS Hades, Poznań		***5:45***	1:48	6:01	3:42	7:37	7:45	4:09	9:27	3:15	4:51	2:09	2:52	0:40
5		**Leszek Kosiński**	**1:30:46**	10:37	25:37	32:43	36:06	43:39	50:38	1:05:29	1:12:30	1:17:16	1:24:41	1:26:45	1:30:13	1:30:46
		KS Tęcza, Brzezia Ł.		10:37	15:00	7:06	3:23	7:33	6:59	14:51	7:01	4:46	7:25	2:04	3:28	0:33
6		**Zdzisław Warmuz**	**2:15:07**	23:03	26:57	36:44	43:28	58:21	1:10:16	1:27:35	1:44:00	1:50:07	2:01:04	2:06:57	2:13:31	2:15:07
		Indywidualnie		23:03	3:54	9:47	6:44	14:53	11:55	17:19	16:25	6:07	10:57	5:53	6:34	1:36
M75 (4)						**3,0 km 75 m**		**13 PK**							
				1(53)	2(63)	3(58)	4(59)	5(61)	6(39)	7(55)	8(42)	9(43)	10(60)	11(62)	12(51)	13(42)
1		**Henryk Gliński**	**43:02**	**2:26**	**7:46**	**9:27**	**16:39**	**24:36**	**27:25**	**28:50**	**30:02**	**32:52**	**35:57**	**37:45**	**40:42**	**42:31**
		KS Artemis, Wrocław		***2:26***	5:20	***1:41***	***7:12***	7:57	***2:49***	***1:25***	***1:12***	***2:50***	3:05	***1:48***	***2:57***	1:49
2		**Andrzej Gorajski**	**50:43**	3:50	8:38	11:27	18:56	24:59	29:54	33:48	35:19	39:14	41:33	44:22	48:15	49:59
		WKS Śląsk, Wrocław		3:50	4:48	2:49	7:29	***6:03***	4:55	3:54	1:31	3:55	***2:19***	2:49	3:53	***1:44***
3		**Andrzej Wysocki**	**1:06:17**	7:25	13:04	15:45	24:05	30:35	39:55	43:51	47:22	52:27	57:36	1:00:19	1:03:39	1:05:35
		Indywidualny Śląski		7:25	5:39	2:41	8:20	6:30	9:20	3:56	3:31	5:05	5:09	2:43	3:20	1:56
		Władysław Faltyński	**nkl**	5:34	9:59	12:36	21:44	30:27	36:06	37:58	39:33	42:47	-----	47:18	50:44	52:21
		KS Hades, Poznań		5:34	***4:25***	2:37	9:08	8:43	5:39	1:52	1:35	3:14		4:31	3:26	1:37
Open A (16)						**2,6 km 100 m**		**12 PK**							
				1(53)	2(49)	3(58)	4(59)	5(54)	6(39)	7(55)	8(42)	9(52)	10(43)	11(51)	12(42)	Meta
1		**Rafał Owcarz**	**28:10**	**1:59**	**4:40**	**7:29**	14:55	16:50	21:01	**22:14**	**23:02**	**23:53**	**25:04**	**26:35**	**27:47**	**28:10**
		KS Kościelec, Chrza		***1:59***	***2:41***	2:49	7:26	***1:55***	***4:11***	1:13	***0:48***	***0:51***	***1:11***	1:31	1:12	***0:23***
2		**Aleksandra Widziew**	**32:23**	2:37	5:23	8:33	13:54	17:10	22:09	23:39	25:39	27:06	28:44	30:18	31:46	32:23
		Indywidualnie		2:37	2:46	3:10	5:21	3:16	4:59	1:30	2:00	1:27	1:38	1:34	1:28	0:37
3		**Krzysztof Tylek**	**34:59**	4:59	7:58	10:36	15:37	21:07	25:35	26:48	28:19	29:41	32:01	33:23	34:34	34:59
		KS Kościelec, Chrza		4:59	2:59	2:38	5:01	5:30	4:28	1:13	1:31	1:22	2:20	1:22	***1:11***	0:25
4		**Marcin Myśliwek**	**35:05**	2:40	5:24	8:00	**12:23**	**15:02**	**19:55**	26:07	27:18	29:24	32:07	33:23	34:36	35:05
		WKS Śląsk, Wrocław		2:40	2:44	***2:36***	***4:23***	2:39	4:53	6:12	1:11	2:06	2:43	***1:16***	1:13	0:29
5		**Krzysztof Adamski**	**47:36**	6:17	9:16	13:04	19:47	24:02	31:03	32:49	35:22	36:56	39:25	45:41	47:02	47:36
		KS Tęcza, Brzezia Ł.		6:17	2:59	3:48	6:43	4:15	7:01	1:46	2:33	1:34	2:29	6:16	1:21	0:34
6		**Monika Fijoł**	**47:45**	2:18	7:30	12:47	20:01	25:20	35:25	36:47	38:50	40:32	42:12	45:28	47:12	47:45
		UKS Arkady, Raszkó		2:18	5:12	5:17	7:14	5:19	10:05	1:22	2:03	1:42	1:40	3:16	1:44	0:33
7		**Ilona Ziętek**	**51:45**	6:18	11:30	16:47	24:01	29:20	39:25	40:47	42:50	44:32	46:12	49:28	51:12	51:45
		UKS Arkady, Raszkó		6:18	5:12	5:17	7:14	5:19	10:05	1:22	2:03	1:42	1:40	3:16	1:44	0:33
8		**Grzegorz Krzyszczy**	**1:04:49**	11:55	15:33	19:26	33:18	37:15	48:02	51:46	54:26	56:01	1:00:38	1:02:38	1:04:17	1:04:49
		KS Tęcza, Brzezia Ł.		11:55	3:38	3:53	13:52	3:57	10:47	3:44	2:40	1:35	4:37	2:00	1:39	0:32
9		**Roman Pachowicz**	**1:13:18**	5:42	9:41	15:12	29:11	35:32	46:04	49:44	55:03	58:10	1:03:07	1:08:53	1:12:06	1:13:18
		KS Tęcza, Brzezia Ł.		5:42	3:59	5:31	13:59	6:21	10:32	3:40	5:19	3:07	4:57	5:46	3:13	1:12
10		**Paulina Posała**	**1:19:12**	4:09	7:25	10:54	19:44	32:23	48:25	50:28	52:44	56:15	58:41	1:17:04	1:18:36	1:19:12
		LUKS Azymek, Zdzie		4:09	3:16	3:29	8:50	12:39	16:02	2:03	2:16	3:31	2:26	18:23	1:32	0:36
11		**Grzegorz Staśkiewic**	**1:22:40**	6:59	10:31	28:03	40:48	49:48	1:05:22	1:06:31	1:12:25	1:15:00	1:17:24	1:20:44	1:22:07	1:22:40
		Indywidualnie		6:59	3:32	17:32	12:45	9:00	15:34	***1:09***	5:54	2:35	2:24	3:20	1:23	0:33
12		**Amelia Szoentag**	**1:41:55**	5:24	11:56	20:38	40:30	46:23	1:07:51	1:11:47	1:16:52	1:29:25	1:32:16	1:38:42	1:41:21	1:41:55
		KS Tęcza, Brzezia Ł.		5:24	6:32	8:42	19:52	5:53	21:28	3:56	5:05	12:33	2:51	6:26	2:39	0:34
		Katarzyna Staśkiewi	**nkl**	8:13	12:54	17:08	25:54	30:02	38:10	40:14	42:44	45:01	48:48	51:21	-----	53:11
		Indywidualnie		8:13	4:41	4:14	8:46	4:08	8:08	2:04	2:30	2:17	3:47	2:33		1:50
		Oskar Buchert	**nkl**	7:05	12:47	31:14	39:32	42:48	49:38	51:53	1:00:40	1:05:46	1:10:51	-----	1:13:37	1:14:43
		Indywidualny Dolno		7:05	5:42	18:27	8:18	3:16	6:50	2:15	8:47	5:06	5:05		2:46	1:06
		Rafał Przybyła	**nkl**	19:05	28:53	43:47	57:27	-----	1:46:58	1:49:33	1:54:51	1:58:47	2:03:48	2:06:56	2:09:29	2:10:04
		Indywidualnie		19:05	9:48	14:54	13:40		49:31	2:35	5:18	3:56	5:01	3:08	2:33	0:35
		Anna Karasińska-Kło	**nkl**	5:49	10:29	23:27	44:42	-----	-----	-----	-----	-----	-----	-----	1:23:07	1:24:24
		KS Tęcza, Brzezia Ł.		5:49	4:40	12:58	21:15								38:25	1:17
Open B (8)						**3,2 km 120 m**		**14 PK**							
				1(63)	2(58)	3(45)	4(59)	5(66)	6(61)	7(55)	8(42)	9(52)	10(43)	11(60)	12(62)	13(51)
				Meta												
1		**Igor Grzesista**	**37:34**	**4:53**	**6:18**	**10:06**	**15:01**	**18:11**	**23:36**	**26:13**	**27:23**	**28:44**	**30:12**	**31:54**	**33:05**	**35:54**
		LUKS Azymek, Zdzie		***4:53***	***1:25***	***3:48***	4:55	3:10	5:25	2:37	***1:10***	1:21	***1:28***	***1:42***	***1:11***	2:49
				37:34												
				0:28												
2		**Aleksandra Dobroś**	**45:00**	7:22	9:56	16:24	21:16	24:18	29:32	31:39	33:16	34:34	37:10	38:58	40:39	43:12
		UKS Arkady, Raszkó		7:22	2:34	6:28	4:52	***3:02***	5:14	***2:07***	1:37	1:18	2:36	1:48	1:41	2:33
				45:00												
				0:32												
3		**Wiktoria Pawłowska**	**46:50**	6:23	8:30	16:13	20:43	26:32	31:28	33:46	35:03	36:35	39:00	40:51	42:27	45:14
		LUKS Azymek, Zdzie		6:23	2:07	7:43	***4:30***	5:49	4:56	2:18	1:17	1:32	2:25	1:51	1:36	2:47
				46:50												
				0:27												

Open B (8) — *3,2 km 120 m 14 PK* *(c.d.)*

L.p.	rtowy	Imię i nazwisko	Czas	1(63)	2(58)	3(45)	4(59)	5(66)	6(61)	7(55)	8(42)	9(52)	10(43)	11(60)	12(62)	13(51)
				Meta												
4		**Tomek Tomala**	**49:19**	5:06	6:39	14:02	18:54	22:20	27:14	30:09	32:14	33:21	36:34	38:49	41:38	47:51
		Indywidualnie		5:06	1:33	7:23	4:52	3:26	4:54	2:55	2:05	***1:07***	3:13	2:15	2:49	6:13
				49:19												
				0:26												
5		**Jacek Popardowski**	**55:37**	6:50	8:52	16:28	23:28	34:45	39:17	41:53	43:20	44:45	47:19	49:10	50:49	53:19
		LUKS Azymek, Zdzie		6:50	2:02	7:36	7:00	11:17	***4:32***	2:36	1:27	1:25	2:34	1:51	1:39	***2:30***
				55:37												
				0:33												
6		**Anna Kulec**	**59:41**	10:44	12:49	20:19	25:30	30:30	37:36	42:04	43:40	46:37	48:25	52:22	54:28	57:30
		Stowarzyszenie Tear		10:44	2:05	7:30	5:11	5:00	7:06	4:28	1:36	2:57	1:48	3:57	2:06	3:02
				59:41		*9:00*										
				0:41		**58*										
7		**Grzegorz Zwoliński**	**1:03:31**	9:02	11:53	19:46	24:42	31:57	39:36	43:40	46:14	48:41	50:58	53:30	55:45	59:49
		Indywidualnie		9:02	2:51	7:53	4:56	7:15	7:39	4:04	2:34	2:27	2:17	2:32	2:15	4:04
				1:03:31												
				1:24												
8		**Michał Rutkowski**	**1:18:49**	6:58	8:50	17:03	23:03	28:07	43:49	54:50	56:32	58:31	1:03:38	1:06:41	1:08:36	1:15:54
		KS Tęcza, Brzezia Ł.		6:58	1:52	8:13	6:00	5:04	15:42	11:01	1:42	1:59	5:07	3:03	1:55	7:18
				1:18:49												
				0:31												

Rodzinna (19) — 2,2 km 80 m 10 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(53)	2(37)	3(66)	4(50)	5(54)	6(42)	7(52)	8(43)	9(51)	10(42)	Meta	
1		**Julianna Tylek**	**30:42**	3:29	**7:38**	13:50	17:54	**19:51**	**24:02**	**25:25**	**26:50**	28:49	30:12	**30:42**	
		KS Kościelec, Chrza		3:29	4:09	6:12	4:04	1:57	4:11	***1:23***	***1:25***	1:59	1:23	0:30	
2		**Jan Tylek**	**30:49**	**3:26**	7:44	14:02	18:00	19:55	24:04	25:29	26:54	**28:41**	**30:09**	30:49	
		KS Kościelec, Chrza		***3:26***	4:18	6:18	***3:58***	***1:55***	***4:09***	1:25	***1:25***	1:47	1:28	0:40	
3		**Wanda Owcarz**	**33:58**	4:14	8:34	**12:00**	**17:00**	20:12	24:37	26:12	29:07	31:31	33:20	33:58	
		KS Kościelec, Chrza		4:14	4:20	3:26	5:00	3:12	4:25	1:35	2:55	2:24	1:49	0:38	
4		**Szymon Dutkiewicz**	**37:12**	6:25	9:45	14:39	21:25	24:04	28:37	30:26	32:56	34:52	36:39	37:12	
		MKS Paulinum, Jele		6:25	***3:20***	4:54	6:46	2:39	4:33	1:49	2:30	1:56	1:47	0:33	
5		**Stefan Dymek**	**39:19**	8:42	14:24	17:35	22:13	25:24	30:02	32:02	34:44	37:42	38:48	39:19	
		SP60 Wrocław		8:42	5:42	***3:11***	4:38	3:11	4:38	2:00	2:42	2:58	***1:06***	0:31	
6		**Jakub Drabczyński**	**43:20**	10:20	15:57	19:21	24:12	27:56	34:06	36:15	39:04	41:10	42:46	43:20	
		Indywidualnie		10:20	5:37	3:24	4:51	3:44	6:10	2:09	2:49	2:06	1:36	0:34	
7		**Liwia Pawłowska**	**48:02**	7:07	13:52	20:20	26:47	30:48	36:08	38:33	42:13	45:27	47:29	48:02	
		UKS Azymut, Pabian		7:07	6:45	6:28	6:27	4:01	5:20	2:25	3:40	3:14	2:02	0:33	
7		**Patryk Pawłowski**	**48:02**	7:14	13:56	20:28	27:02	30:55	36:12	38:34	42:25	45:29	47:33	48:02	
		UKS Azymut, Pabian		7:14	6:42	6:32	6:34	3:53	5:17	2:22	3:51	3:04	2:04	0:29	
9		**Franciszek Bernaś**	**49:08**	7:18	14:17	21:52	27:43	32:38	39:41	41:40	44:12	46:46	48:39	49:08	
		WKS Śląsk, Wrocław		7:18	6:59	7:35	5:51	4:55	7:03	1:59	2:32	2:34	1:53	0:29	
10		**Tomasz Pietroń**	**51:42**	10:28	17:03	23:31	28:47	32:01	39:07	44:10	47:02	49:23	51:04	51:42	
		UKS Patria, Młynne		10:28	6:35	6:28	5:16	3:14	7:06	5:03	2:52	2:21	1:41	0:38	
11		**Antoni Krawczyk**	**52:40**	5:15	9:05	18:03	35:36	38:58	44:24	46:34	48:58	50:42	52:12	52:40	
		Indywidualnie		5:15	3:50	8:58	17:33	3:22	5:26	2:10	2:24	***1:44***	1:30	***0:28***	
12		**Maksymilian Parfian**	**1:05:16**	9:26	19:28	28:01	37:25	41:08	50:25	52:32	56:24	59:23	1:04:06	1:05:16	
		UNTS, Warszawa		9:26	10:02	8:33	9:24	3:43	9:17	2:07	3:52	2:59	4:43	1:10	
13		**Maksymilian Rychlev**	**1:06:05**	11:00	21:19	32:31	44:15	46:33	53:21	57:21	1:01:07	1:03:39	1:05:36	1:06:05	
		KS Tęcza, Brzezia Ł.		11:00	10:19	11:12	11:44	2:18	6:48	4:00	3:46	2:32	1:57	0:29	
14		**Kornelia Wypiór**	**1:08:05**	8:03	18:17	28:57	37:52	42:58	53:59	56:41	59:59	1:04:07	1:07:10	1:08:05	*1:07:13*
		KOS BnO, Szczecin		8:03	10:14	10:40	8:55	5:06	11:01	2:42	3:18	4:08	3:03	0:55	**42*
15		**Konstantyn Wypiór**	**1:08:06**	9:18	18:45	29:18	38:02	43:16	54:04	56:48	1:00:11	1:04:15	1:07:04	1:08:06	
		KOS BnO, Szczecin		9:18	9:27	10:33	8:44	5:14	10:48	2:44	3:23	4:04	2:49	1:02	
16		**Wiktoria Pachowicz**	**1:21:01**	9:46	20:18	27:36	39:05	44:50	1:03:16	1:05:53	1:10:50	1:16:37	1:19:50	1:21:01	
		KS Tęcza, Brzezia Ł.		9:46	10:32	7:18	11:29	5:45	18:26	2:37	4:57	5:47	3:13	1:11	
17		**Kornel Drygas**	**1:28:07**	8:06	18:24	37:38	50:58	55:09	1:11:18	1:14:54	1:21:09	1:24:42	1:27:17	1:28:07	
		UKS Arkady, Raszkó		8:06	10:18	19:14	13:20	4:11	16:09	3:36	6:15	3:33	2:35	0:50	
		Ksawery Jóźwiak	**nkl**	-----	25:30	31:04	36:23	47:34	1:01:11	1:03:21	1:07:08	1:08:58	1:10:48	1:11:27	
		UKS Azymut, Pabian			25:30	5:34	5:19	11:11	13:37	2:10	3:47	1:50	1:50	0:39	
		Nina Pustelnik-Rutk	**nkl**	10:47	20:07	39:26	53:08	57:48	1:13:34	1:17:12	1:23:17	1:26:39	-----	1:29:25	
		KS Tęcza, Brzezia Ł.		10:47	9:20	19:19	13:42	4:40	15:46	3:38	6:05	3:22		2:46	

M80 (2) — 2,1 km 75 m 10 PK

L.p.	rtowy	Imię i nazwisko	Czas	1(56)	2(53)	3(37)	4(66)	5(54)	6(55)	7(42)	8(52)	9(43)	10(42)	Meta	
1		**Kazimierz Dura**	**1:04:19**	**15:47**	**20:50**	**27:06**	**31:06**	**41:38**	**47:58**	**49:45**	**51:38**	**53:57**	**1:03:28**	**1:04:19**	*59:20*
		WKS Śląsk, Wrocław		***15:47***	***5:03***	6:16	***4:00***	10:32	***6:20***	***1:47***	***1:53***	***2:19***	9:31	***0:51***	**52*
2		**Waldemar Pietkiewic**	**1:16:32**	22:19	28:08	33:38	40:32	47:20	53:50	56:07	1:06:37	1:09:51	1:15:16	1:16:32	
		CX-80		22:19	5:49	***5:30***	6:54	***6:48***	6:30	2:17	10:30	3:14	***5:25***	1:16	